



Montagnes du Jura

THE TOURIST MAGAZINE

EXPERIENCE WINTER
DIFFERENTLY

ON THE PISTES!

WITH OR WITHOUT SKIS

WHERE THE NORDIC
ADVENTURE BEGINS

www.montagnes-du-jura.fr/en



**BOOK
YOUR BREAK
FROM TODAY**

www.montagnes-du-jura.fr/en



**Information, advice,
reservations**

Our advisors are available
on +33 (0)3 81 25 54 55
contact@montagnes-du-jura.fr

FOLLOW US...



For the latest news, tips
and ideas for breaks:
facebook.com/montagnesdujura



Explore and share all
the Jura Mountains photos:
instagram.com/montagnes_du_jura
#montagnesdujura



Follow the main events at the
destination every day:
twitter.com/montagnesdujura

THE OTHER FACE OF THE MOUNTAIN



The mountains in winter can be a real headache! With non-stop skiing for grown-ups, gentle initiations for the little ones, wild off-piste skiing for some and « extra- ski » activities for others, it's impossible to please everyone. There is, however, a destination on our doorstep that brings all of these things together in truly authentic style: the Jura Mountains!

Here you can switch from one activity to the next without breaking stride. The landscape is tailor-made for it! A rounded yet challenging mountain, it reveals some wild and well-preserved scenery with the allure of the Far North.

Open your eyes; the adventure starts here!





SUMMARY



Portfolio | 04

Winter season | 08

The Métabief Resort | 10

The Les Rousses Resort | 12

The Monts Jura Resort | 14

The espace nordique | 16

A few tips for those
taking their first steps
on the Jura Mountains | 22

Test | 48

Useful information | 50

Getting here? | 51

The other face: **the
Jura Mountains** from
spring to autumn



PORTFOLIO

A VIEW OF MONT-BLANC (COL DE LA FAUCILLE)

Once you are up there, the incredible spectacle that the Jura Mountains provide across the Alps and Mont-Blanc really takes your breath away.









NORDIC SPIRIT

Step into the snow shoes of a fur trapper, take command of a sled and imagine you are an expert musher, venture beyond the limits of the piste on Nordic skis, slip on your sealskin gear and climb ever higher...Discover your Nordic spirit right here.



“ In the Hautes-Combes, with snow shoes on your feet and in the heart of a forest of snow-capped fir trees, learn to appreciate the silence, to awaken the senses, to truly open your eyes, to feel your body come back to life as you make contact with the nature that surrounds and surprises you wherever you turn. ”



THE WINTER SEASON

Winter in the snow? On a mountain that is gentle, benevolent and accessible? That's what the Jura Mountains are all about. You will be seduced by the spirit of the mountains, astonished by your own skiing skills as you relax and drink in the surroundings. By the end of your break you will be at one with nature...



First and foremost a family site, far from the big crowded resorts, Métabief is the ideal resort if you want to ski at your own pace whilst enjoying the exceptional panorama provided by the Alps as your backdrop!

THE METABIEF RESORT

ON THE PISTES!

Situated in the Haut-Doubs, the resort of Métabief combines 6 villages: Rochejean, Les Longevilles, Métabief, Les Hôpitaux Neufs and Vieux, as well as Jougne. A mid-mountain resort, Métabief nevertheless has everything the big boys have! On the slopes of Mont-d'Or, which reaches an altitude of 1,463m, it boasts 37km of pistes spread across the domain's 3 slopes, all completely interconnected thanks to 19 ski lifts: Métabief, Piquemiette and Super-Longevilles. Everything you need to glide along in perfect serenity!

With its 35 pistes for skiers of all abilities, the resort offers a multitude of options: Snow Park, boarder cross, telemark...and provides safe and well-maintained fun zones, including 3 freestyle zones (Easy Park, Bio Park and Snow Park) and 1 area for beginners designed for children: Jurakid'Park.

But it also features 167km of cross-country trails, snow shoe trails and multi-activity pistes that are accessible to all. Situated on the Grande Traversée du Jura (GTJ) trail, an itinerary that is unique in France, it offers multiple possibilities for trips out across the massif.



A MOUNTAIN OF ACTIVITIES FOR YOUNG AND OLD ALIKE

For sporty types in search of « mountain » activities that are out of the ordinary, Métabief has more than one string to its bow: ice climbing for intrepid souls, fat bike or snow scoot to experience cycling on the snow, winter potholing for budding explorers, ski jumping on the Chaux-Neuve hill or dog sledding for lovers of wide open snow-covered spaces. Finally, when the lakes freeze over and the ice shimmers, it's hard to resist the pleasure of skating across a frozen lake.

To really lose yourself in the Nordic spirit, exploring local traditions is an absolute must: visits to farms, workshops, cheese dairies or maturing cellars in Le Fort de Saint-Antoine. As for fun or cultural days out, here again the resort is brimming with ideas: Parc Polaire (animal park), Coni'fer (tourist train), the nature reserve visitor centre, a visit to Pontarlier and its museum... That's also what a lovely winter in Métabief is all about!

DON'T MISS

THE NORDIC COMBINED WORLD CUP

In January at Chaux-Neuve

DOG SLEDDING RACE

In February at Les Fourgs



ACCESS TO THE RESORT

The resort is accessible by TGV from Frasné station, just 3 hours from Paris. Close to the Swiss border, the resort is located 20 minutes by car from Yverdon, 30 minutes from Lausanne and 50 minutes from Neuchâtel.



FUN ZONES & ACTIVITIES:

Jurakid Park, Easy Park, Snow Park, Bio Park.

Fat bike, ski joering on site, initiation into telemark, handiski.



Altitude
from 950
to 1463 metres



110 snow cannons
(35% of
slopes covered)



167 km
cross-country
skiing pistes



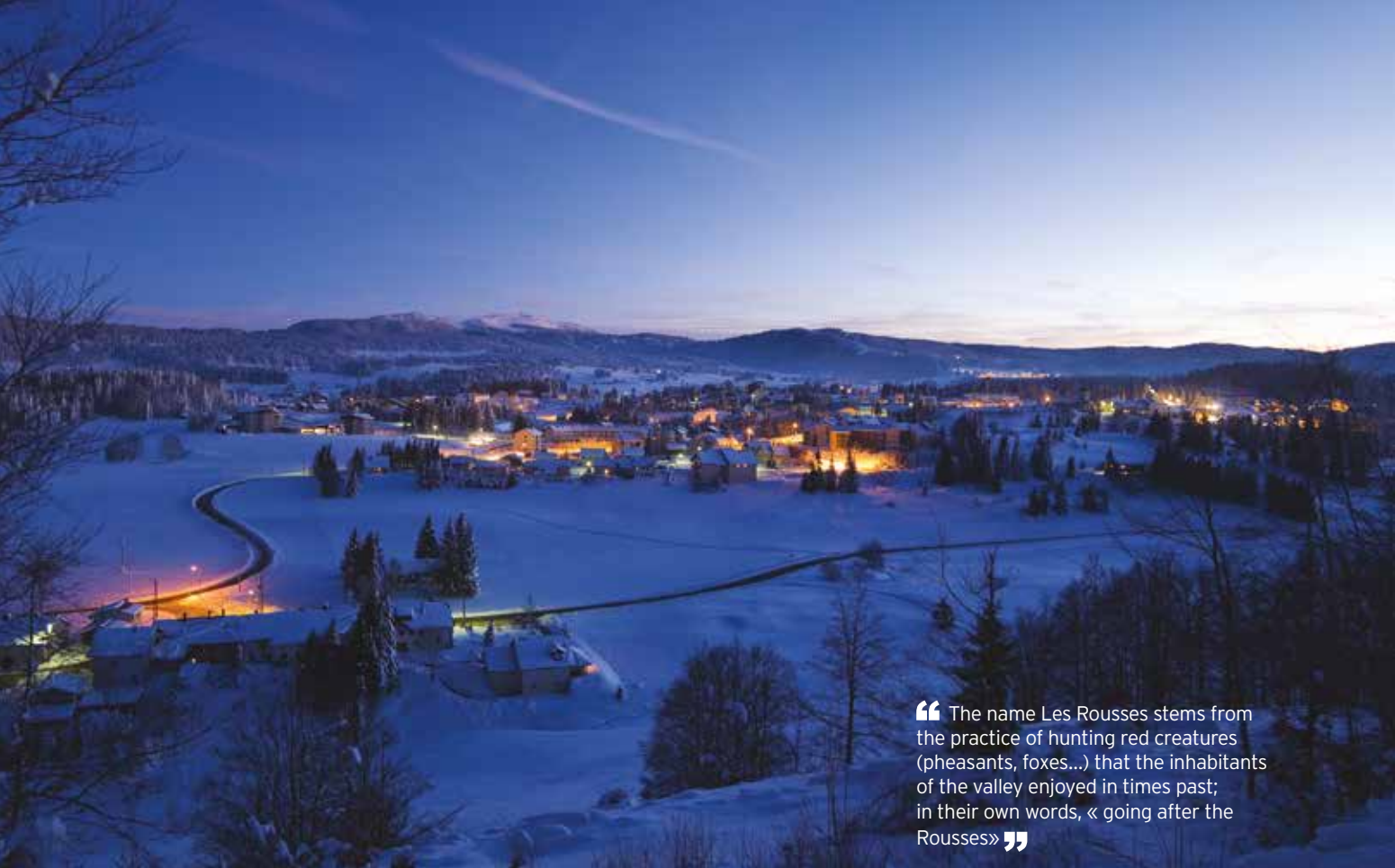
37 km
downhill
skiing pistes



19 SKI LIFTS



4 ski schools
ESI / ESF



“ The name Les Rousses stems from the practice of hunting red creatures (pheasants, foxes...) that the inhabitants of the valley enjoyed in times past; in their own words, « going after the Rousses » ”

Do you feel like having fun and making the most of the snow with all the family? Les Rousses offers breathtaking scenery with its unbeatable views of the Alps.

The skiing area is perfect for families, with activities dedicated to learners and expert skiers alike.

THE LES ROUSSES RESORT

IN THE HEART OF THE HAUT-JURA

One ski in France and the other in Switzerland; that's Les Rousses in a nutshell. In the heart of the Haut-Jura Regional Nature Park, the resort regroups 4 villages: Les Rousses, Lamoura, Prémanon and Bois-d'Amont. It offers ski areas that stand at altitudes between 1120m and 1680m, all spread across four massifs: Tuffes, Serra, Dôle and Noirmont. With a total of 50km of downhill ski runs and 32 lifts, these ski areas surrounded by spruce forests are sure to delight the whole family.

From its peaks you can enjoy an exceptional panorama across the Alps, Mont-Blanc and the Léman Valley. You can also set off along the legendary Grandes Traversées du Jura (GTJ) trails on snow shoes or cross-country skis thanks to 180km of tracks. Along the way you can stop off at the surrounding villages, reputed for their hospitality and their excellent culinary specialities.

EXPERIENCE WINTER DIFFERENTLY

Away from the stress of the more crowded resorts, Les Rousses offers a whole range of nature activities that are ideal for recharging the batteries in the heart of a well-preserved environment: snow shoe trails, dog sledding and carriage rides, trying your hand at biathlon and ski joering, skating on the frozen lakes or at the Espace des Mondes Polaires centre, getting out in the open air along 200km of cross-country pistes or off the beaten tracks with Nordic skiing...

In the resort's villages, you can warm up in the cosy restaurants, bistros and inns that sit at altitude and welcome you with generosity at a table stacked with products of the terroir.

To learn more about local savoir-faire, nothing could be better than a quick tour around museums devoted to wood turning, stonecutting, skiing and Rousselande traditions, without forgetting the fort of Les Rousses and its Comté cheese cellars that are unique in the world... In this little picture-postcard setting, discover another way to enjoy winter sports!

DON'T MISS:

THE O'XYRACE TRAIL

In January, A nocturnal trail in the snow for adults and children.

THE TRANSJURASSIENNE

In February, a world class cross-country skiing challenge. More than 3500 participants.



GETTING HERE & GETTING AROUND THE RESORT

Leave the car behind and make the most of the Vroom shuttle service upon arrival at the TGV stations of Dole and Dijon to arrive at the resort.

From the Christmas holidays until mid-March, get around by bus with Skibus in the 4 villages of the Les Rousses resort whenever you want to ski, visit the villages or head for the lakes!



FUN ZONES & ACTIVITIES

Natural boarder cross, Slide Park, air bag, Les Marmousets fun space, luge runs.

Ski joering, kite-surfing, initiation into telemark and biathlon, handiski, Baladaski (unique in France).



Altitude
from 1120
to 1680 metres



Snow cannons
covering 9 km



200 km
cross-country
skiing pistes



50 km
downhill
skiing pistes



40 ski lifts



3 ski schools
ESI / ESF



Monts Jura offers
the perfect blend
of « leisure and
nature skiing »
just 20 minutes
from Geneva!

THE MONTS JURA RESORT

MONTS JURA, THE RESORT THAT RUBS SHOULDERS WITH THE SUMMITS!

As its name would suggest, Monts Jura calls to mind the highest peaks of the Jura Mountains. Its ideal position near to the Crêt de la Neige gives it a distinct advantage when it comes to meeting the needs of the most exacting skiers. With 60km of pistes for all abilities, carved with precision through the landscapes of the Haute Chaîne du Jura, the resort offers a vast domain in 3 dimensions, looking out across one of the finest views in Europe. Imagine for a minute you are on the slopes or on the balcony of a restaurant at altitude gazing at Mont-Blanc and the very highest Alpine massifs with the immense Lake Geneva at your feet...

Within easy reach by TGV (3h from Paris and 1h45 from Lyon), the 3 ski areas of Lélex-Crozet, Mijoux-La Faucille and Menthrières boast a wide selection of trails to the delight of the most demanding skiers. Downhill, snowboarding, snow scoot, boarder cross, ski surfing, telemark, Nordic skiing... connoisseurs know best!

And the snow? Monts Jura has had this covered for many years, equipped as it is with state-of-the-art snowmaking technology.

LET INSPIRATION GUIDE YOU AND EXPLORE THE RESORT...

Visiting Monts Jura means following in the footsteps of renowned athletes, notably at the Nordic domain of La Vattay, labelled a « Site of Excellence » by Nordic France. This is a well-reputed and beloved spot for the region's cross-country skiers...

But that's not all. If skiing's return to fashion inspires you to join the adventure, the 4 ski schools will surely provide the best way for a gentle initiation...

The winter snow also offers a reason to visit beautiful mountain landscapes on foot. In Monts Jura, it is easy to set out on snow shoes or in the company of a friendly musher aboard a dog sled.

In a more relaxing vein and in keeping with the mountain ambiance, a little visit to the Abbaye cheese dairy is a must if you'd like to discover how the famous Bleu de Gex® is made (in Chezery-Forens). At the museum of fine and precious stones in Mijoux you will find out all about stonecutting; one of the Jura Mountains' oldest crafts. And then, why not do nothing but contemplate the winter scene? Imagine for an instant enjoying a tailor-made welcome and settling in to the cosy comfort of a charming hotel... You're on!

DON'T MISS

THE FRENCH TELEMARQUE CUP AND TROLL TOUR

2 classic sprint stages
(in February)

THE ROOKIE SESSION

Snowboarding competition
for under 18s.
(in March)



FUN ZONES & ACTIVITIES

5 playgrounds for children, dog sledding,
4 luge runs, handiski, Snow Park, boarder cross, initiation into telemark
and snow kiting.



Altitude
from 900
to 1680 metres



143 snow cannons



160 km
cross-country
skiing pistes



60 km
downhill
skiing pistes



28 ski lifts



4 ski schools
ESI / ESF





THE ESPACE NORDIQUE JURASSIEN

The Jura Mountains invites the fur trapper in you to get carried away by the call of the Far North. But heading off the beaten track can escape not be improvised. Thanks to a network of Nordic ski areas across the Espace Nordique Jurassien, the traveller yearning for space and freedom will find just what they need to escape.

In the following pages you can find a presentation of all the Nordic resorts and their various activities.



Montagnes du Jura

WHERE THE NORDIC ADVENTURE BEGINS

The snow forms paths that link the villages, extends our territory and invites us to explore further. With their gentle slopes and snow-capped ridges, the Jura Mountains lend themselves perfectly to a range of Nordic activities: snaking around the Nordic ski trails in the Hautes Combes, zipping along on a dog sled in Combe des Cives, setting off on snow shoes over the Retord Plateau, skating across frozen lakes, trying out ski joering, relaxing comfortably aboard a horse-drawn carriage or rubbing shoulders with champion ski jumpers on the hills of Chaux-Neuve... Everyone can enjoy a mountain activity in their own way, one that raises a smile and lets you reach even those well-hidden spots. These ideal conditions have allowed great champions, born here in the region to train here: Anaïs Bescond, Vincent Desfrasne, Florence Baverel, Jason Lamy Chappuis...

Finally, on your travels, remember to take the time to stop at a lovely village with a pretty bell tower and stock up on local products from a cheese dairy. And if you want to relax after a day in the great outdoors, take advantage of the many well-being centres waiting to welcome you.



21 Nordic areas



13 sites labelled
Nordic France



3000 km
Nordic ski pistes
(skating and classic)



230 itineraries for
walking / snow shoeing
1000 km

THE ESPACE NORDIQUE JURASSIEN PRESENTS 13 NORDIC RESORTS IN THE JURA MOUNTAINS:



CROSS-COUNTRY SKIING ON THE PISTES OF THE VILLAGE OF LES FOURGS

Cross-country skiing pistes: 120 km
Show-shoe pistes: 120 km
Dog sledding: yes
Downhill skiing: yes / 9 ski lifts, 2 rope-tow lifts
Ski school: yes - the Gardot sector
Fun zone: yes
Altitude: between 870m and 1,000 metres

1

THE PAYS HORLOGER,
Playing leapfrog across the
border between France and
Switzerland

The Pays Horloger is the most northerly ski area in the Jura Mountains and flanks the Swiss border. It stands out thanks to its scattered little villages, in which the Comtois farmhouse is still the most common type of building, and because of its large plateaux that provide cross-border pistes. In winter, a multitude of activities are practiced here: cross-country skiing, snow-shoes, downhill skiing, dog sledding, open-air skating rink, luge, ... ideal for a family break, first-timers or simply a reinvigorating holiday in the snow.

RESORTS FROM 1 TO 13: AS SHOWN ON THE MAP ON P. 16-17

2

PONTARLIER - MONTBENOÎT,
a mountain town surrounded by Nordic sites.

Cross-country skiing pistes: 261km
Show-shoe pistes: 74km
Dog sledding: yes*
Downhill skiing: yes / 5 ski lifts, 1 rope-tow lift
Ski school: yes - the Pontarlier sector
Fun zone: yes
Altitude: between 837m and 1,323 metres

* The Montbenoît sector

Several Nordic sites stretch out around the town of Pontarlier: 3 sites are located less than 5 minutes from the town centre, a blessing for those looking to get away from it all whilst still enjoying the amenities and advantages of the town. The 4 Nordic sites of the Canton of Montbenoît allow visitors to vary their activities and enjoy a range of pistes on skis and snow-shoes.

3

THE RESORT OF METABIEF - LES FOURGS, ideal for gently discovering winter sports

Cross-country skiing pistes: 204km

Show-shoe pistes: 98km

Dog sledding: yes

Downhill skiing: yes / 26 ski lifts

Ski school: yes

Fun zone: yes

Altitude: between 1,000m and 1,463 metres

Although Métabief is known as one of the main resorts for downhill skiing in the Jura Mountains, it is also one of the massif's more significant Nordic sites. There are numerous practice areas across this sector: Les Fourgs - L'Herba, La Seigne, La Fuvelle, Mont d'Or... enough to delight lovers of all things Nordic! With cross-country skiing, snow-shoes, snow-tubing, fun zones, and even ski joëring, the diverse range of activities on offer will satisfy the needs of everyone.



4

VAL DE MOUTHE - CHAPELLE DES BOIS, THE Nordic benchmark

Cross-country skiing pistes: 305km

Show-shoe pistes: 155km

Dog sledding: yes

Downhill skiing: yes / 5 ski lifts, 1 rope-tow lifts

Ski school: yes

Fun zone: yes

Altitude: between 1,000m and 1,375 metres

In the very heart of the Jura Mountains, set off to explore fabulous scenery that is worthy of the Canadian Far North. This is the kingdom of wide-open spaces and cross-country skiing, but also home to a succession of little villages flanked by high forests, snow-capped meadows and frozen lakes. Just along a trail you may be able to see dog-sledding teams as they practice.

THE FUN ZONE AT ONE OF THE NORDIC SITES OF THE JURA MOUNTAINS



5

HAUTE JOUX - FONCINE-LE-HAUT, A Nordic resort with a variety of villages in the very heart of the Jura Massif

Cross-country skiing pistes: 192 km

Show-shoe pistes: 98km

Dog sledding: yes *

Downhill skiing: yes / 1 ski lifts, 2 rope-tow lifts

Ski school: yes

Fun zone: yes

Altitude: between 858m and 1,200 metres

* The Foncine-le-Haut sector

Here you find ski resorts on a human scale, with a wide range of activities on offer: cross-country skiing (classic and skating), sign-posted snow-shoe pistes, beginners' sessions on the luge and snow-tubing runs, and even downhill skiing at the resort of Foncine-le-Haut.

Espace
LU
DI
QUE

NORDIC FUN

Conviviality, laughter and games are the watchwords of the **26 fun spaces** that are set up across the Nordic skiing areas of the Jura Mountains. Each one is different, so there is sure to be something to suit all tastes: Nordic Skier Cross with descents and elevated turns, luge runs or snow tubing, wellbeing workshop tours, laser biathlon or even a few jumps, bumps, tunnels or slaloms...Skiers of all ages will love it.

6

LE GRANDVAUX, a varied range of activities off the beaten track

Cross-country skiing pistes: 130 km
Show-shoe pistes: 55km
Dog sledding: yes *
Downhill skiing: no
Ski school: no
Fun zone: yes
Altitude: between 920m and 1,050 metres

* The Prénovel sector

Le Grandvaux is made up of 4 Nordic resorts on a human scale: Nanchez / Les Piards, Saint-Laurent-en-Grandvaux, Saint Pierre / Trémontagne and Lac des Rouges Truites. Take advantage of the tranquillity of the Le Grandvaux sites to try out Nordic activities: cross-country skiing, snow-shoes, luge...something for all the family!

7

MORBIER, BELLEFONTAINE, LONGCHAUMOIS, the ideal village-resorts for your 1st time in the Jura Mountains

Cross-country skiing pistes: 87 km
Show-shoe pistes: 61km
Dog sledding: yes *
Downhill skiing: yes / 7 ski lifts, 2 rope-tow lifts
Ski school: yes
Fun zone: yes
Altitude: between 930m and 1,260 metres

* The Morbier sector

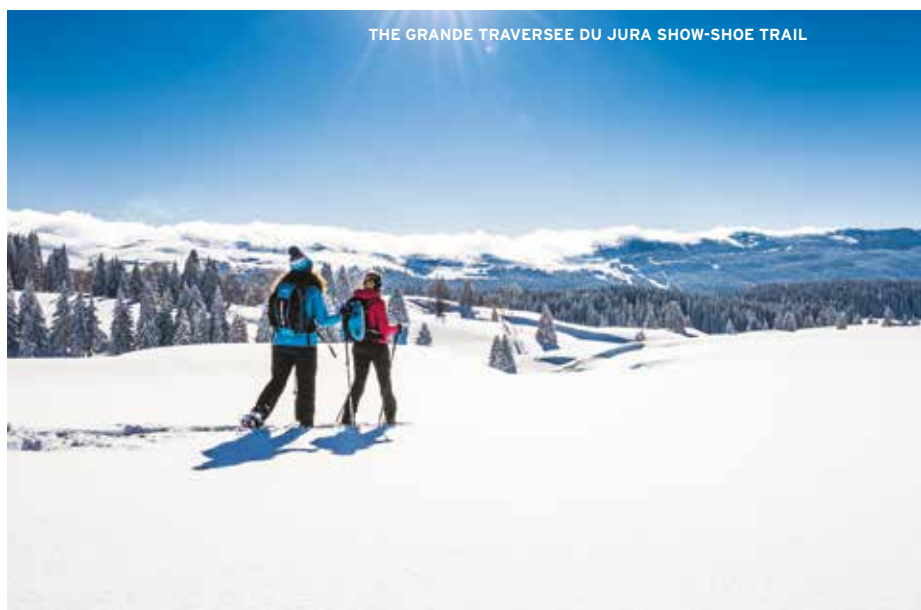
These three villages offer a wide range of winter activities: cross-country skiing, snow-shoes, downhill skiing, and even skating on a frozen lake when the conditions allow! These activities are accessible to all, from families to sporty types, in a well-preserved natural setting.

8

THE RESORT OF LES ROUSSES, A convivial and family Nordic resort

Cross-country skiing pistes: 162 km
Show-shoe pistes: 86km
Dog sledding: yes
Downhill skiing: yes / 40 ski lifts
Ski school: yes
Fun zone: yes
Altitude: between 1,093m and 1,677 metres

A true winter sports resort, Les Rousses provides all the conditions required for a perfect break in the snow. A wide range of activities: cross-country skiing, snow-shoes, dog sledding, ski joëring, luge runs, fun zones, initiation to biathlon, downhill skiing...the list goes on! All this is accompanied by a range of services and nearby shops that will make your stay pleasant and comfortable.



9

LES HAUTES COMBES, a hotspot for Nordic activities

Cross-country skiing pistes: 123 km
Show-shoe pistes: 63km
Dog sledding: yes
Downhill skiing: yes / 3 ski lifts
Ski school: yes
Fun zone: yes
Altitude: between 1,152m and 1,370 metres

The villages of Les Hautes Combes know how to seduce lovers of wide-open spaces that are sheltered and far from the big, busy towns. One of the specialities of Les Hautes Combes is the connections between the villages across this sector: Lajoux, Les Moussières, La Pesse. Sliding between the villages on cross-country skis or snow-shoes is child's play thanks to a vast network of managed pistes.



10

GIRON, a family village-resort in the south of the massif

Cross-country skiing pistes: 57 km
Show-shoe pistes: 43km
Dog sledding: yes
Downhill skiing: no
Ski school: yes
Fun zone: yes
Altitude: between 1,000m and 1,200 metres

Perched on the mountain, the village offers an unbeatable view of its surrounding area. A paradise for cross-country skiing and snow-shoes in winter, it provides all the conditions for a pleasant break in the snow! And for those who want to vary their activities, they can make the most of a fun zone, a multi-activity piste, snow-tubing and airboarding.

11

THE MONTS JURA RESORT, a multitude of activities for all the family!

Cross-country skiing pistes: 141 km
Show-shoe pistes: 38km
Dog sledding: yes *
Downhill skiing: yes / 28 ski lifts
Ski school: yes
Fun zone: yes
Altitude: 1,300 metres

* The Mijoux sector

Dive into a natural environment with grandiose views across Lake Geneva and Mont Blanc at the Nordic centre in **La Vattay**, which offers cross-country and snow-shoe pistes for all the family (the Hauteville sector). From easier runs for novices to longer and more difficult trails, skiers of all abilities will find something that suits.

12

THE PLATEAUX OF HAUTEVILLE AND LE RETORD - LACHAT, the south of the Jura massif is convivial and brimming with Nordic activities for the family

Cross-country skiing pistes: 208 km
Show-shoe pistes: 81km
Dog sledding: yes
Downhill skiing: yes / 13 ski lifts, 1 rope-tow lifts
Ski school: yes
Fun zone: yes
Altitude: between 900m and 1,359 metres

Sliding along either of the two plateaux of Hauteville or Le Retord, you are sure to be charmed by the splendid landscapes of their Nordic sites: Hauteville La Praille, Les Plans d'Hotonnes, Lachat and Cuvéry. These sites allow for a wide range of Nordic activities: cross-country skiing, of course, but also biathlon, dog sledding, snow-shoes, fun zones for beginners, and even downhill skiing; something to suit all tastes and all ability levels.

13

SUR-LYAND - GRAND COLOMBIER, A family Nordic resort that takes you away from it all

Cross-country skiing pistes: 17 km
Show-shoe pistes: 32km
Dog sledding: yes
Downhill skiing: no
Ski school: no
Fun zone: yes
Altitude: between 1,250m and 1,349 metres

The site of Sur-Lyand is the most southerly Nordic resort in the Jura Massif. A wide range of Nordic activities are possible: cross-country skiing, snow-shoes, Nordic skiing, dog sledding, luge runs, airboarding...All this in a well-preserved natural setting with unbeatable views across the Alps.

FOCUS ON THE GRANDES TRAVERSEES DU JURA (GTJ) TRAILS IN WINTER

The GTJ can be tackled using cross-country skis right along 180km of sign-posted trails (from Villers-le-Lac to Giron), on snow-shoes along 140km of trails (from Métabief to Giron through the Haut-Jura Regional Nature Park) and now by ski touring. Trails are modular depending on your tastes, physical fitness or ability level so everyone can go at their own pace. You can tackle the trails the way that suits you for a day, a week or even longer! After a lovely day on the trails you can enjoy a moment of relaxation by the fireside before sampling some specialities from the Jura. You can spend the night at countless accommodation sites all along the itinerary: refuges, gîtes, inns...

RESORTS FROM 1 TO 13: AS SHOWN ON THE MAP ON P. 16-17



A FEW TIPS FOR THOSE TAKING THEIR FIRST STEPS ON THE JURA MOUNTAINS

Do you want to enjoy a splendid view? Delight your taste buds? Pamper yourself? Here is a selection of unmissable addresses to help you experience the essential Jura Mountains. Skiing in well-preserved nature, visiting a museum, sampling local products, enjoying some genuine and friendly encounters...We're not short of ideas when it comes to making the most of the winter season.



01

IN THE FOOTSTEPS OF CHAMPIONS

Over four decades, it has become the iconic challenge of the Massif, attracting several thousand athletes from all over the world every year. The longest cross-country skiing challenge in France, the **Transjurassienne** is a very popular gathering with an ambiance that is 100% Nordic. Share in the euphoria of thousands of fans that ring their cowbells to encourage their champions. This is a festive moment that should not be missed!

02



CLOSER TO THE ANIMALS

At the **Parc Polaire** in Chaux-Neuve, deer, chamois, yacks, reindeer, bison, Konik Polski horses and Mouflon sheep make themselves right at home...another thing we have in common with the Far North! At the heart of this walking safari with a decidedly polar feel, accompanied by a guide-carer as you step into the enclosures, you can delve into the intimate lives of Eurasian wildlife to the wonder of young and old alike.



03

DISCOVERING THE « FAR NORTH »

What better environment could there be than the Jura Mountains for really getting closer to nature in the midst of landscapes that come straight out of the pages of a Jack London or Nicolas Vanier novel? Budding explorers can set off in the footsteps of Paul-Emile Victor, the famous adventurer from the Jura and a pioneer of modern ecology. The ambiance of the pack ice and the great snowy expanses, surrounded by icebergs, polar bears, penguins and Arctic terns and the Aurora Borealis all lie in wait at the **Espace des Mondes Polaires** in Prémanon, a site all about the famous French explorer and the Arctic and Antarctic regions. It is here that leading scientific expeditions take pride of place and scientists, artists and political figures explain the many challenges facing the planet.



04

REDISCOVER THE SPIRIT OF YOUR CHILDHOOD

We still don't know where Father Christmas comes from, but it is clear that he loads up his sled here in Moirans-en-Montagne. The home of wooden toys, as this is where half of the toys in France are made; a remnant of a past in which wood turners and artisans created spinning tops, dominos and other wooden toys here. Nowadays, nearly 3,000 toys from across the entire globe are brought together at the **Musée du jouet** museum. It is one of the finest collections in Europe.



05

ENJOY AN UNFORGETTABLE EXPERIENCE: SURVIVING IN THE MOUNTAINS

A thirst for adventure? A need to push your limits and get closer to nature? With family or friends, for a day or a weekend, come and learn the basic principles of how to survive in the mountains with the help of professional guides. In **Le Bugey, on the Le Retord Plateau, or in the Jura at Lajoux**, you can learn how to build a shelter, light a fire, purify water and gather the edible plants of the Jura.

06

IN SEARCH OF SANTA CLAUS

The Jura Mountains light up and pull out all the stops to delight adults and children during Christmas and New Year. It is definitely family orientated, but also the perfect place for gourmets, epicureans and lovers of authentic pleasures. Here, the festive season is an invitation to explore the area and reflect on the character of a region that has maintained its spirit of childhood wonder. The weekend before Christmas, the French toy capital of **Moirans-en-Montagne** comes to life with street performances, Christmas markets and entertaining workshops to the delight of children who can create their very own pretty wooden toys. Also not to be missed, **Montbéliard**, the former principality of the Dukes of Wurtemberg, becomes a city of « Christmas Illuminations » for the entire month. You will find a Christmas market here with products of the terroir and artisan items, street performers, elves' workshops...but also Santa Claus and Aunt Airie, the Pays de Montbéliard's good fairy.



MEETING THE MOUNTAIN FOLK

In the heart of the Jura Mountains, savoir-faire is often understated...Set off to meet the mountain folk that will offer you a warm welcome and gladly show you the traditions that they keep alive. Open the doors to the many workshops, Tuyé farmhouses, cheese dairies or Alpine farms you pass along your travels and enjoy encounters that reveal the ancestral skills that create the treasures of the region.



07

08

CULTIVATE YOUR WELLBEING

Salins-les-Bains, Divonne-les-Bains, Lons-le-Saunier... It is here in these towns that you will find sources of hot and beneficial waters that can recharge your batteries. And because there is nothing quite like the comfort of a spa to relax after a day in the great outdoors, countless charming hotels and guest houses offer 100% wellbeing breaks!

