



Montagnes du Jura

THE TOURIST MAGAZINE



**NATURE WALKS;
ON YOUR MARKS!**

MAKING A SPLASH

SECRETS OF PRODUCTION

**ALL THE FLAVOUR
OF A TERROIR**

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A MOUNTAIN CARVED IN OUR IMAGE!



Some people prefer it in winter, but it is from spring to autumn that you can enjoy its loveliest colours. In the Jura Mountains, the surprise and contrasts you witness really enhance the sense of wonder: wild yet benevolent landscapes, gentle slopes that are nevertheless steep and dizzying in places, leafy valleys dotted with the blues of lakes and rivers, high balconies with the neighbouring Alps as their backdrop, verdant forests and plains as far as the eye can see...Wonder then gives way to contemplation and to an array of outdoor activities waiting to be experienced.

A refuge where nature is truly authentic, the Jura Mountains without snow are also all about the inhabitants of villages and their warm welcome, about flavoursome local products waiting to be sampled. Simply put, explorers, contemplative souls, hedonists and sporty types will all feel right at home in the Jura Mountains!



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The other face; **winter
in the Jura Mountains**





LAC DE BONLIEU

Picturesque, peaceful, wild... Hidden away in a forest reflected in its clear glacial waters and overlooked by a rocky outcrop, Bonlieu Lake's appearance changes with the passing seasons to show off its most beautiful colours.



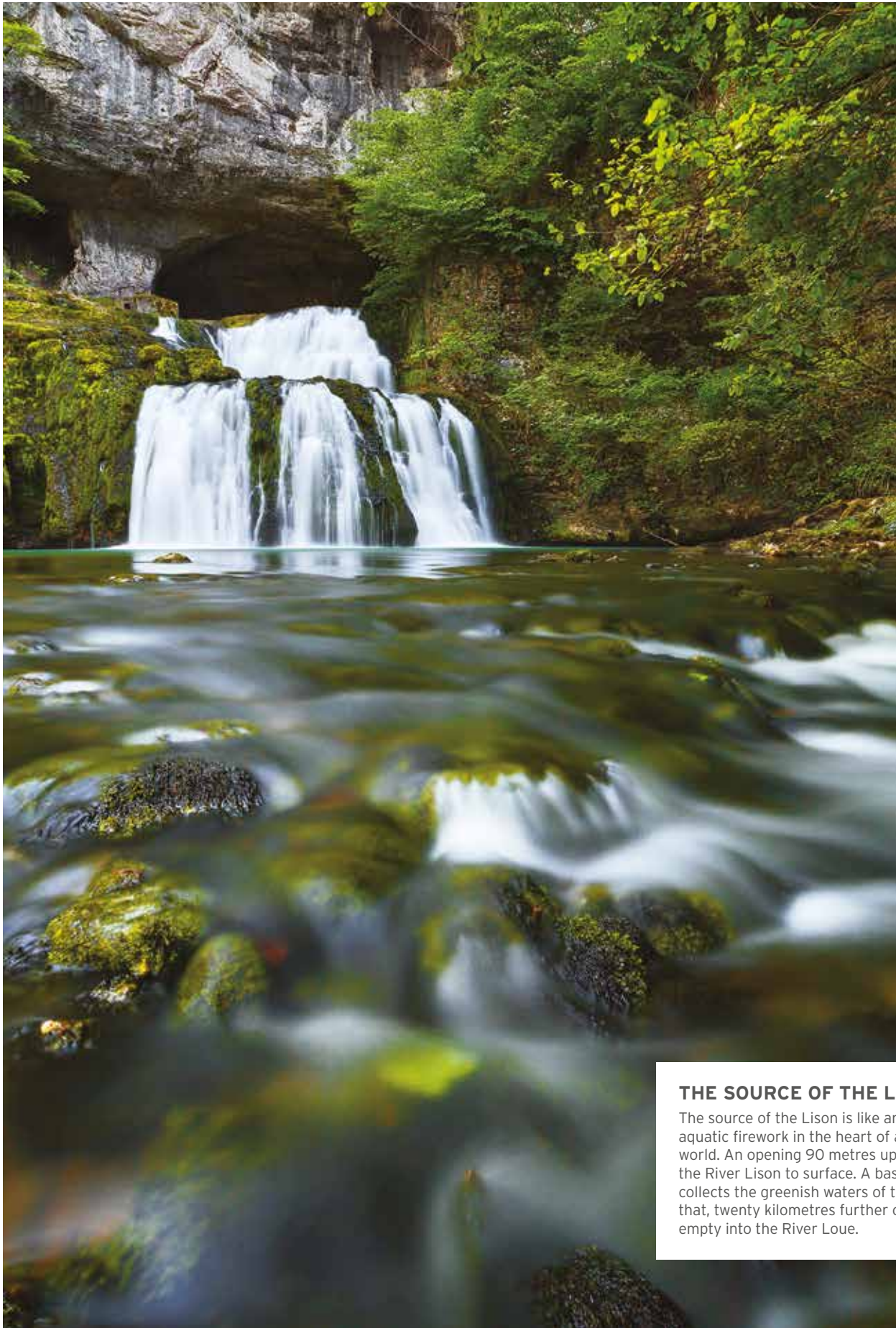




THE GRAND COLOMBIER

From 1,534 metres up, overlooking the Rhône Valley and the vineyards of Le Bugey, the Grand Colombier provides an exceptional 360° view across to Mont-Blanc, the Alps and the lakes of Annecy, Le Bourget and Léman.





THE SOURCE OF THE LISON

The source of the Lison is like an incredible aquatic firework in the heart of a rocky world. An opening 90 metres up allows the River Lison to surface. A basin bellow collects the greenish waters of this source that, twenty kilometres further on, will empty into the River Loue.

“ From the top of its wall, 1,000 years of military architecture look down upon you! The Château de Joux represents three successive periods of major construction works: the dungeon of the Middle Ages, the fortifications by Vauban and the buried fort from the « Joffre » period. Have fun at the viewpoint trying to spot the chamois that live on the cliff facing the château! ”





NATURAL

The Jura Mountains are brimming with nature and its lakes, waterfalls, rivers, forests, gorges, green prairies and wild cliffs abound across the heart of a well-preserved environment. They offer a return to the simple things in life that we yearn for and can finally discover right here, in the midst of an unbelievable setting...NATURAL.



GOOD TO KNOW A FOREST THROUGHOUT THE AGES

A great forest developed around 7,000 years ago across the massif where it now covers 43% of the landscape. Omnipresent to such an extent that they inspired its name: Jura actually derives from the Celtic word for « Land of Forests ». It is a land where the spruce is King.

LAC GENIN (HAUT-BUGEY)

From lakes to waterfalls, from rivers to forests, from peaks to slopes, from hillside meadows to prairies...If there is a single identifying trait that unites the Jura Mountains, it is the diversity of its landscapes. Well-preserved, almost always wild, brimming with an exceptional flora and fauna, the Jura Mountains make up an ideal destination to admire and contemplate nature in all forms across the living and mineral world. Here the seasons set the pace of life.

NATURE IS RIGHT AT HOME HERE



GOOD THINGS COME TO THOSE WHO WAIT

Head off to discover the elements and explore the formidable land of discoveries that is the Jura Mountains. From the Retord Plateau in the Le Bugey area to the peaks of Mont-d'Or (1,463m) or the Crêt de la Neige (1,720m), and taking in the blind valleys from which rivers such as the Loue, which so inspired Gustave Courbet, spring forth or even the Flumen waterfall and the mid-mountain lakes. These landscapes lend themselves to contemplation and to multiple sporting activities that are accessible to all.

Explore a generous massif, easily accessible and brimming with a thousand and one treasures that will astound you along your travels.



THE LE RETORD PLATEAU (HAUT-BUGEY)

“ The Le Retord Plateau, where Luc Jacquet filmed the movie « Le Renard et l'enfant », is brimming with stories and legends; inspiring and enchanting locations. ”



THE LANDSCAPE OF HAUT-JURA

THE HAUT-JURA REGIONAL NATURE PARK

The Haut-Jura Regional Nature Park offers a multitude of landscapes and atmospheres. It spreads across the limestone massif of the Jura, a natural border with Switzerland, and also boasts some stunning high points, such as the Crêt de la Neige (1,720m), Crêt Pela (1,495m) and Crêt de Chalam (1,545m), before plunging into deep gorges carved out by rivers and waterfalls. It is an area that is truly alive and brought further to life by the energy, traditional savoir-faire and cutting-edge technologies that sit alongside it in perfect respect for the integrity of this land's environment.



FOCUS ON THE MAISON DU PARC CENTRE

In Lajoux, the Maison du Parc centre provides an overview of « The Haut-Jura; a living land »; the woods and forests, of course, but also its waters, climate, geology, heritage, architecture, agriculture, industry and savoir-faire. Permanent exhibitions, visits and temporary entertainments for young and old alike are offered at the Maison du Parc as well as a boutique that presents local works and artisan products and crafts.



THE MAISON DU PARC CENTRE AT LAJOUX (HAUT-JURA-SAINT-CLAUDE)

WELCOME TO JURA(SSIC)

THE TIME MACHINE

Who hasn't dreamed of travelling back in time? The Jura Mountains are an **open-air museum**, a place that offers a look back 200 million years! Here we can have fun just walking around. Everywhere we go we can let our imagination run wild in areas that once upon a time resembled the Dead Sea, the Great Salt Lake in Utah or, more recently, the Bahamas archipelago right up until the Alps began to rise (35 million years ago) and shook the established order to its core!

DID SOMEONE SAY SPECTACULAR?

Here the power of tectonic movement and the whims of water have combined perfectly to carve out some mighty landscapes, spaces where it is still possible to feel and appreciate these forces at work. You only have to see sites like the Pertes de la Valserine canyons to be convinced of this. In fact, the River Valserine, labelled one of the « Wild Rivers » of France, has carved deep gorges into the rock and created some surprising bottlenecks and other natural features that are often truly astonishing. Other examples are the blind valleys of Baume-les-Messieurs, Planches-Près-Arbois and Cerdon, the cirque of Consolation and even the tortured rock formations of Le Chapeau de Gendarme in Saint-Claude with its unique shape that recalls a bicorn hat, the emblematic headgear of Napoleonic gendarmes.

Delving beneath the surface of the Earth is essential for those who want to follow the course of our waters, with a guided visit or a potholing expedition! True gems and the pride of the Jura Mountains, the caves of Baume-les-Messieurs, Moidons, Les Planches, Cerdon, Osselle or even the glacier and chasm of Poudrey reveal well-hidden treasures of astonishing character across the Massif...its other face!

WORTH A DETOUR



Coiserette Canyon, an impassable 1,400m incision carved by the turbulent waters of the Tacon. **The Giants' Cauldron** in Pont-de-Poitte.

The sinkholes of Hautes-Combes, vast enclosed funnels that are characteristic of the erosion of karst soils.

The karst trails of Mérey-sous-Montrond.

The erratic rockfalls around **Pont des Pierres** that crosses the River Valserine in Montanges or even the sections where the **River Valserine** disappears underground and the rocky labyrinths in these areas.



THE SINKHOLES
OF THE RIVER VALSERINE
IN BELLEGARDE-SUR-VALSERINE

“ The Jura has given its name to the geological period known as the Jurassic that occurred from 200 to 145 million years ago. A warm sea partially covered what is now the Jura massif; dinosaurs roamed its coasts and have left their footprints, which are still visible to this day. ”



THE CHAPEAU DE GENDARME
(HAUT-JURA-SAINT-CLAUDE)



THE CERDON GROTTO AND PREHISTORIC PARK
IN LABALME (PAYS DU CERDON)

FOCUS ON LIFE-SIZED DINOSAURS!

Located in a leafy 12 hectare setting just a few minutes from Besançon and the neighbouring Poudrey Chasm, the **Dino Zoo prehistoric park** brings the creatures of the Jurassic age back to life, as well as the very first human beings. You can then head into the giant **dinosaur maze** in Ney or even the paleontological sites of **Loule, Plagne and Coisia** to enjoy a (little) walk in the (great big) footsteps of the dinosaurs!



DINO-ZOO, PREHISTORIC PARK
IN CHARBONNIÈRES-LES-SAPINS (LOUE LISON)



WALK TO THE CRÊT DE LA NEIGE (PAYS DE GEX)



NATURE WALKS; ON YOUR MARKS!

It is on foot that the Jura Mountains will truly reveal themselves to you. With their contrasting and accessible landscapes, they are a dream come true for those who love walking.

BREATHTAKING VIEWS!

After crossing the spruce forests, the tall grass of the Alpine meadows where the Montbéliarde cattle roam and then the slopes where the chamois replace them, you find yourself on the peaks that overlook the landscape, which changes according to the season.

On the high ridges, close to the Franco-Swiss border, the **Crêt de la Neige and the Mont-d'Or** offer 360° views of the Alps and Mont-Blanc on a clear day. Nothing could be better than enjoying a little walk to admire the panorama from the **Four Lakes viewpoint** or of observing the marvellous rock formations in the **Baume-les-Messieurs blind valley**. These views are worth the detour... Don't forget your camera; these snaps will give you the most beautiful souvenirs of your holiday in the Jura Mountains.

A ONE-DAY ITINERARY IN THE GREAT OUTDOORS

Walking in the Jura Mountains is also about taking the time to rediscover a generous and soothing nature in landscapes filled with ridges, forests, rivers and waterfalls... Whether it is way up high or on the banks of a lake, a few unmissable itineraries will help you explore all the diversity of this area: the unique **seven waterfalls of the Hérisson Valley**, a **tour of Saint-Point Lake**, the third largest natural lake in France, the **Rochers de Jarbonnet** rocks in the Gorges de l'Ain or even the **Crêt de Chalam** to enjoy an unrivalled view.



THE FOUR LAKES VIEWPOINT: NARLAY, ILAY, PETIT AND GRAND MACLU (REGION DES LACS)



REACHING THE SUMMITS

Crêt de la Neige - 1720 m
Crêt de la Goutte - 1621 m
Crêt de Chalam - 1545 m
Grand Colombier - 1534 m
Mont-d'Or - 1463 m



10 000 km
Of walking trails

FOCUS ON

ANOTHER WAY OF TOURING: CANI-RANDO

Being pulled along by a dog with the aid of a harness and a long elasticated lead that connects you provides the opportunity to discover a brand new way of touring. Accompanied by a professional guide, or musher, you can glide along sign-posted trails and build a strong bond with your travelling companion to create some unforgettable memories. Young and old alike can set off to explore the landscapes of the Jura Mountains. From the **belvederes to the waterfalls, from the Le Retord Plateau to the peaks of Mont-d'Or**, you will discover remarkable sites and experience a myriad of emotions.

IN THE FOOTSTEPS OF THE SMUGGLERS

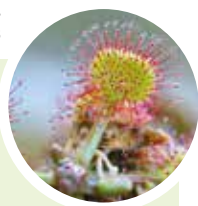
In the Pays Horloger, the Rover Doubs and the mountains create a border with Switzerland. Since time immemorial, out of sight, a huge amount of merchandise has illicitly travelled along these spectacular trails. This is a crazy tale that is told along 4 sign-posted itineraries that are ideal for mountain bikers. From 50km to 250km in length, these paths lead us to the Staircase of Death, into the gorges of the Doubs and the Refrain rivers. La Bricotte, Le Colporteur, L'Orlogeur or Les Gabelous; what sort of smuggler will you be?

ALL ROADS LEAD TO ROME

That is the principle behind the **Via Francigena**. Walk in the footsteps of Sigéric, Archbishop of Canterbury, who in 990 A.D travelled to Rome from Canterbury to meet Pope John XV and receive the investiture of the pallium (an ornament worn on a chasuble reserved for popes, primates and archbishops). This major walking itinerary crosses the region and Besançon, most notably, as well as the Loue Valley before reaching the Swiss border.



DROSERA; THE EMBLEMATIC « CARNIVOROUS » PLANT OF LES TOURBIÈRES



UNEARTHING THE SECRETS OF THE BOGS

Well-preserved natural habitats with a disconcerting charm, bogs play a fundamental role in the balance of our environment's ecosystems. Don't hesitate to head out along the raised walkways that guide you through the heart of these pleasant landscapes that, in every season, offer an array of perspectives. Towards **Frasne**, in the **Dugeon Valley**, or even in **Les Rousses** you will be moved by these lands of mysterious mists that conceal some rare species of plant and wildlife.

PLUNGE INTO THE HEART OF OUR NATURE RESERVES

At the foot of the Grand Colombier, in the hamlet of Aignoz, **the Lavours Marsh**, classified as a « Site Naturel de France », is located within a 480ha national nature reserve. A raised walkway of 2.4km allows you to spot rare plants, amphibians and reptiles, as well as 200 species of birds and mammals.

Further north, in the continuation of Saint-Point Lake, the **Remoray Lake visitor centre** lets you explore this rich natural heritage. A living backdrop of rare diversity, it combines lakes, marshland, bogs, rivers, prairies, woodland and gravel quarries.



HORSE RIDING IN THE GREAT OUTDOORS

A favourite spot for horse riding, the Jura Mountains owe their reputation to the quality of circuits available and the beauty of the landscapes. Family rides, initiations or even touring breaks, there is no shortage of options for enjoying equestrian activities to the full. What is more, horses are the best means of transport along the steep trails and allow you to explore the mountain from a different angle.

Covering nearly 500km, at altitudes ranging from 230m to 1,300m, **the Grande Traversée du Jura (GTJ)** trail offers an itinerary studded with charming stop-offs, forests and prairies through which raging rivers flow and a chance to cross the Jura vineyards and skirt the banks of a lake or the crest of a ridge.

Specialists in horse riding tours, **Jura du Grand Huit** boasts 1,500 km of sign-posted equestrian trails and a whole range of original excursion ideas: horse or pony rides, walks with donkeys carrying your bags, trips in a Roulotte caravan or horse-drawn carriage.

Stop at the **Museum-inn of the Comtois Horse and the Forest in Levier** to learn a bit more about the first breed of French draught horse; a true symbol of the mountains.





XAVIER THÉVENARD, A LOCAL BOY WHO WAS BORN IN HAUT-BUGEY, HAS WON THE ULTRA TRAIL DU MONT-BLANC ON THREE OCCASIONS (UTMB)



THE LAND OF THE TRAIL

With its vineyards, lakes and hidden valleys, the Jura Mountains lend themselves perfectly to the joys of the trail, transporting you on little escapades from the Bresse Doloise to the highest summits of the massif.

Attracted by the technical trails, undulating and with serious gradients to negotiate, the greatest trail runners come and train at one of the two stations or one of the three trail areas, also taking part in the many renowned races, such as the **Transju'trail**, the summer version of the

Transjurassienne, the **Trail du Mont-d'Or**, popular because of its panoramic views of Switzerland, the Alps and Mont-Blanc, or even the **Trail So Bugéy**, a tortuous trail amidst the waterfalls and dizzying viewpoints.

“ With more than 5,000km of sign-posted trails, the Jura Mountains have all the necessary characteristics for trail running ”

This is also the birthplace of **Xavier Thévenard**, triple Ultra Trail du Mont-Blanc (UTMB) champion and, near close to Besançon, two other specialists proudly represent the massif: **Thibaud Baronian**, elite trail runner and short-course, steep climb specialist, and **Sange Sherpa**, a native of Nepal who fell in love with the Jura Mountains, whose gentle bends also offer less frightening options for more timid souls who are nevertheless aiming to push themselves and enjoy some genuine thrills.

With more than 5,000km of sign-posted trails adapted for runners, workshops, events and reception areas, the Jura Mountains transform your « trail » experience into an exceptional moment in the heart of some grandiose scenery.

THE GTJ

In order to step into legend, try your hand at one of the **Grande Traversée du Jura** trails (GTJ to those in the know). A treat for walkers on tour, who can take the illustrious GR5 and GR9 trails, in total there are nearly 400km to negotiate over 20 days and 150 accommodation providers waiting to offer you a warm welcome all along the route with their tables laden with regional treats. Accessible to the widest range of visitors, the GTJ can also be enjoyed with the family thanks to short sections that take in the most beautiful paths of the Jura Mountains, leading from leafy valleys to the most stunning balconies of the massif.

OTHER LEGENDARY ITINERARIES OVER A FEW DAYS

With thousands of kilometres of sign-posted trails, the Jura Mountains have enough to satisfy even the most demanding walkers! From the **Zed Jurassien** to the mythical and sporty **GR9**, and including the **Échappée Jurassienne** or the spiritua **Via Francigena**, you can flit between typical villages and wild landscapes with reinvigorating scenery.

NEW! From summer 2020, the **Échappée Jurassienne Trail is evolving to provide walkers with a truly unique experience!**

On the one side, 300km of walking trails along the « original » Échappée Jurassienne between Dole and Saint-Claude via the resort of Les Rousses. On the other, 315km of walks on the « Franco-Swiss » trail between Dole and Nyon along the banks of Lake Geneva.

A PLAYGROUND WITH NO LIMITS



MOUNTAIN BIKES ON THE PEAKS OF MONT-D'OR (HAUT-DOUBS)



GENTLY DOES IT

What could be lovelier than heading out into the fresh air for a day of cycling, exploring villages with character, pine forests and flower-filled meadows? Come and take advantage of the cycling routes and Greenway trails, including the **Voie des Salines** that links the Great Salt Works of Salins-les-Bains and the Royal Salt Works in Arc-et-Senans (listed as World heritage by UNESCO), **The Voie PLM** that climbs up to the plateau from Lons-le-Saunier to reach Champagnole via the lake at Chalain, **l'EuroVelo6** that skirts the former towpaths that run alongside the River Doubs from Montbéliard and passes Baume-les-Dames, Besançon and Dole.



MAXIMUM SENSATIONS

For keen downhill mountain bikers, the Jura Mountains offer **6 FFC/FFCT listed sites**. For those who love technical descents and big thrills, rendezvous at the legendary **Métabief Station** that provides 7 downhill mountain biking trails, 6 Enduro trails, countless modules for perfecting your skills and a mountain bike training area for children (Jura Kid Park).

The **Bike Parks in Mont Poupet and Longchaumois** are also full of surprises thanks to their downhill Enduro trails, whilst **Ludy Park in Morbier** is ideal for avid teenage mountain bikers!



Believe us when we say that the Jura Mountains are tailor-made for mountain biking and cycling tourism, whatever your ability. **Secret landscapes**, constantly renewing themselves, different types of terrain, difficulty levels adapted to suit all-comers. **An exceptional quality and quantity of sign-posted trails**, maintained by enthusiastic locals, guarantee some unforgettable escapes into well-preserved and wild nature that is waiting to be (re)discovered. **So, what are you waiting for?**

6 good reasons for pedalling around the Jura Mountains



FOLLOW THE GUIDE

This is the objective of **Vélo Jurassic Tours** who offer nearly 50 themed and local loops to enjoy by e-bike, totalling 1,500 kilometres of trails. These circular trails stretch out from twenty of so departure points, with distances ranging between 15km and 60km, and can be combined easily with a range of other outdoor activities (kayaking, swimming, Via Ferrata...) in order to form longer « Grand Tour » itineraries that create tours of up to 7 days from Pontarlier to Nantua.

OVER SEVERAL DAYS

Whatever your ability level, the time you have available or the stages you wish to complete, the **Grandes Traversées du Jura** (GTJ) trails offer safe and sign-posted itineraries, in summer and in winter, all across the Pays de Montbéliard in the Doubs right up to Le Bugey in the Ain. These trails include 425km for mountain bikers, 360km to 375km by bike depending on the itinerary selected and more than 500km for horse riders. More than 150 accommodation providers are located along the various trails to welcome you at every stage of your journey.



LEGENDARY TRAILS

Let your pedals lead you along the illustrious circuits that criss-cross the Jura Mountains! Aside from the notable **Grande Traversée du Jura (GTJ)**, itineraries that are equally famous attract cycling enthusiasts. The cyclist who is keen on culture will find what they are looking for by following the **Via Salina Touristique**. Those who enjoy border hopping might like to take the **ViaRhôna** on their way south. Sporty types, yearning for a challenge, can set off to tackle the **Grand Colombier** and its 1,262m of climbs. As for those who love a variety of landscapes, they can cut through the vines, gorges and pretty towns along the 124km **Zed Jurassien**.



TAKING CARE OF ALL YOUR NEEDS

Whether you need to hire or repair a bike (road bike, mountain bike, hybrid or e-bike), take a break or get some useful advice and information, our listed **Accueil Vélo** professionals (accommodation, bike hire, visitor sites, tourist offices) guarantee you a warm welcome and a range of services to suit your needs. Don't hesitate to call on them!

SENSATIONAL

Soothing your spirit is also about pushing yourself and exploring your own limits. In the countryside, the forest, the mountains, the lakeside or the riverbank, take advantage of the landscape to blow away the cobwebs and enjoy a breath of fresh air. Whether it is in the skies, in the trees, on the water and even underground, the Jura Mountains offer a varied and inexhaustible playground, a real laboratory of activities that are 100% nature!



VIA FERRATA IN LE REGARDOIR (REGION DES LACS)

HANG ON!

Jumping from cliff to cliff in perfect safety! Halfway between walking and climbing, the via ferrata shows you a glimpse of **some of the most remote and impressive spots** across the Jura Mountains. Fully equipped, you set out to tackle the **forts of Les Rousses and of l'Écluse, the cliffs of Hostiaz**, venture along the famous **Staircase of Death** or look down upon the majestic lake of Vouglans as you travel along ramps and rope bridges at the **via ferrata trail in Le Regardoir**.

UNIQUE IN FRANCE!

On the Hauteville Plateau, Aventure du Bugey provides a **Handibranche** trail that is specially adapted for people with reduced mobility. Zip wires, hand bikes, rope swings, slides...Big thrills are guaranteed!



SLIDING SPORTS, EVEN IN SUMMER!

Did you know that in the Jura Mountains we even hit the slopes in summer? For proof, head to **Métabief**. There, two luge runs await you so you can head off for 600m through the woods and the meadows. Then head to the Col de la Faucille, in the **Monts-Jura resort**, for a spot of tobogganing on rails. Big thrills are guaranteed on this dizzying 1,365m piste packed with crazy descents, combining a 37% gradient and 540° spins!



JOURNEY TO THE CENTRE OF THE EARTH

In the Jura Mountains, the scenery is just as remarkable below ground as it is above. Beneath your feet lies a fascinating and seldom-seen world: **grottoes, chasms and underground rivers...**A real paradise for potholers. Some grottoes are open to tourists for supervised visits (Chauveroches, Grottes de Balerne, Pisserette, Corveissiat, Jujurieux...) and the variety and diversity of sites make the Jura Mountains a year-round spot for adventure.



HIT THE HEIGHTS

Here, all over the place from north to south, clear and rounded peaks provide a runway from which gliders and hang-gliders take off to perform their colourful aerial ballet. Keen flyers will enjoy a perfect take-off from the peaks of **Mont Poupet** (851m) or **Mont-Myon** in the Revermont (663m). In this area **listed as a remarkable landscape**, before taking flight you should take time to admire the extraordinary light and incredible 360° views.

HANGING BY A THREAD

To fly through the air, there is no place quite like this thanks to its steep terrain! With your head in the clouds but your body firmly attached, zip wires offer unforgettable experiences at some of the most beautiful sites of the Jura Mountains. Brave souls will be delighted by **the Villards d'Héria viaduct** that features the longest zip wire trail in Europe: 72 metres up and 2,000 metres of zip wires. Thrills are also guaranteed at Monts Jura thanks to the 2020 opening of the highest zip line in France that links **the peak of the Col de la Faucille to the site of Mijoux**. A descent of more than 900 metres at top speeds of 90km/h with a gradient of nearly 37% undertaken in the seated position awaits thrill-seekers and should prove to be a real eye-opener.



“ There it is, amidst the forests and the meadows, in the nook of a blind valley in which water springs forth in abundance from cracks in the rock. The Tufs waterfall is one of the loveliest of the countless waterfalls in the Jura Mountains. A truly enchanting natural spectacle ”



REFRESHING



In the Jura Mountains, refreshment is everywhere, for both body and soul. Water is very often the thread that connects the various elements of your stay. Let the waterways guide you as they flow from springs to waterfalls and from lakes to rivers, providing trails that are packed full of surprises.

VIEWS ACROSS THE 4 LAKES (NARLAY, ILAY, PETIT AND GRAND MACLU)
FROM THE BELVEDERE (REGION DES LACS)

BACK TO BASICS



WORTH THE DETOUR



THE MOST IMPRESSIVE WATERFALLS

The Hérisson Waterfalls
with 31 falls and 7 cascades,
including the Cascade de l'Eventail
that runs in steps for 65m in length.

The Saut du Doubs,
A 27m high waterfall.

The Cascade de Glandieu,
made up of 2 successive falls with
drops of up to 60m.

**The gorges and cascade
of La Langouette**
A listed site that amazes visitors
with its narrowness and depth.



NANTUA LAKE (PAYS DU BUGÉY)

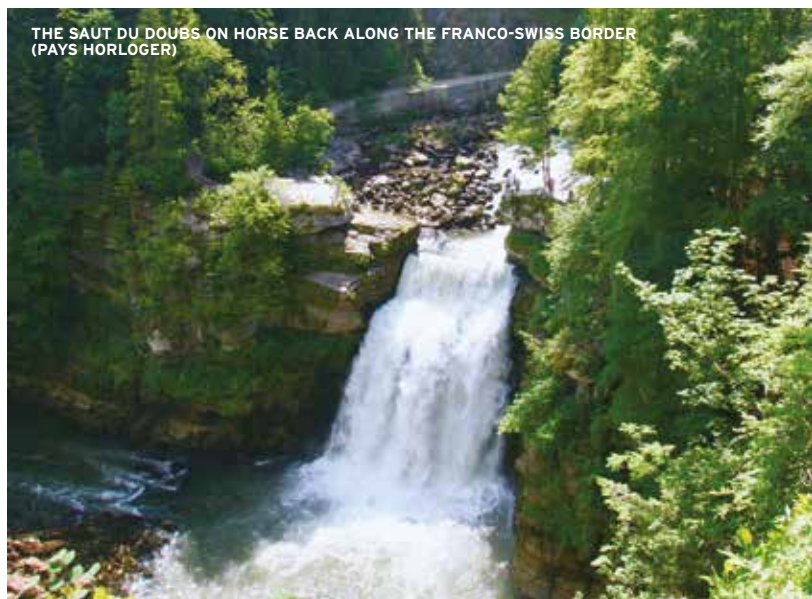


WATER IN ALL ITS DIMENSIONS

The Jura Mountains provide a veritable dose of vitality. Let the waterways guide you as they flow from springs to waterfalls and from lakes to rivers, providing trails that are packed full of surprises. Water is a study in perpetual motion. It forges rocks, creates astonishing contours and cliffs that conceal mysterious caves or springs forth all of a sudden, such as at the **Saut du Doubs** or the **Hérisson falls**. Some of these waterways are considered exceptional, such as the **Valsérine**, the only French river to boast the « Rivières Sauvages » label.

The blue gold of the Jura Mountains, rivers play with the landscapes, sometimes underground and discrete, at other times exuberant and free. Sources of life, they include the **Doubs, Saine, Ain or even the Loue**, the inspiration for artist Gustave Courbet.

From **Saint-Point Lake to that of Abbaye**, and including **Lac Genin**, lakes abound across the Jura Mountains. Small or large, wild or peaceful, natural or artificial, you are sure to be seduced by this well-preserved nature.



THE SAUT DU DOUBS ON HORSE BACK ALONG THE FRANCO-SWISS BORDER (PAYS HORLOGER)



GENIN LAKE (HAUT-BUGÉY)

MAKING A SPLASH!

Try your hand at fly fishing or sailing, dive into the clear blue waters of a lake, paddle down the rivers or spend the night at the water's edge; when the good weather arrives, the wild or calm waters of the Jura Mountains invite you to make a splash, far from the bustling and crowded beaches.



THE LOUE, A SOURCE OF INSPIRATION FOR ARTISTS AND PAINTERS (LOUE LISON)



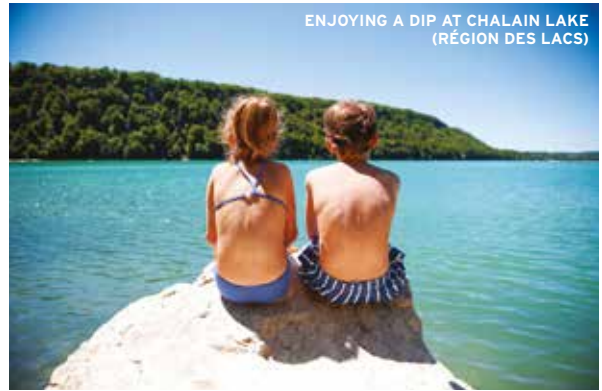
PURE MOMENTS OF QUIET

From north to south across the massif, the many shades of blue of the lakes and rivers of the Jura Mountains tempt you to enjoy a dip. Beaches have been set up at even the wildest of creeks as the region lends its self to all your needs, just a few steps from villages and resorts, offering moments of perfect calm that are a world away from the chaos of the typical summer holiday resorts. Take a break at the water's edge, relax and enjoy an impromptu picnic in Bonlieu, Vouglans, on the île Chambod or even along the banks of the River Ain, the feel of fresh water is a real delight when temperatures soar.



LEGENDS AND BELIEFS

The River Loue is the hiding place of the **Wyvern**. This mythological creature, which takes on the appearance of a young lady and is protected by serpents, jealously guards a precious stone: an enormous ruby. An eternal legend of the Jura Mountains, inspiring fear and fascination, it has also inspired numerous artists like **Marcel Aymé**, who dedicated to it an eponymous novel that was adapted for the cinema.



ENJOYING A DIP AT CHALAIN LAKE (RÉGION DES LACS)



KAYAKING ON THE AIN (BUGEY PLAINE DE L'AIN)



PADDLE ACROSS VOUGLANS LAKE (REGION DES LACS)

THE PLEASURES OF PADDLING

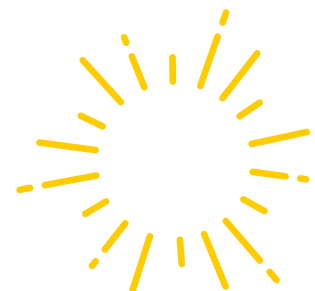
The lakes and rivers of the Jura Mountains offer a range of trails and different levels of difficulty for those who want to enjoy waters ports such as rowing, water skiing, sailing, pedalos, paddle boarding, canoeing and kayaking...

But it is **canoeing-kayaking** that really takes pride of place, especially on the Loue, the Ain or the Doubs. A real white water delight, it provides an array of aquatic pleasures thanks to the countless rivers that snake across the massif. Calm and peaceful waterways will delight beginners or more contemplative souls. Fast-flowing wild waters will meet the requirements of even the bravest sporty types.

For a complete change of style, the **lakes of Vouglans, Chalain, Saint-Point, Clairvaux, Genin, Nantua or even Les Rousses** offer up their crystal waters and surprising mild temperatures to paddlers of every stripe, providing the perfect conditions for heading out onto the water!



SAILING ON SAINT-POINT LAKE (HAUT-DOUBS)



CANYONING

Canyoning combines the excitement of wild waters (jumps, swims, slides) with the pleasures of the mountains (walking, abseiling). Making your way down a canyon means discovering cascades, natural pools and often grandiose gorges that have been carved out by the river over millennia. This activity is perfectly safe if enjoyed under the supervision of an experienced guide that who supplies all the equipment required and a trail that suits your ability. There's only one condition: knowing how to swim!



THE PRIZE AT THE END OF THE LINE

From the Doubs to the Ain and taking in the Dessoubre, the Loue, the Cuisance, the Valserine or the tranquil waters of the lakes, everywhere offers an excuse to head onto the riverbank for a spot of fishing. Fishing for pike, grayling, brown trout or zander, fly fishing in the listed waters of the River Saine, whitefish angling on the lakes of Saint-Point and Remoray; so many species, spots and techniques to delight anglers of every type, from the novice to the expert. This renowned fishing heritage has inspired a great many tourism professionals in the area to specialise in this sport: specialist guides, gourmet stops, daily fishing reports and maps...

ANCHORS AWAY!

For a boat trip that delights young and old alike, welcome to the Jura Mountains! Budding young buccaneers will be proud to have their hand on the tiller in **Saint-Point** or on the turquoise waters of **Vouglans Lake**. Boats with or without a licence, a sailboat or a pleasure craft; pull up the anchor and head to the marinas of La Saisse, Le Surchauffant, La Mercantine or Bellecin.

For those who prefer to go with the flow as they enjoy some pretty views, step aboard the *Louisiane* at the foot of the spectacular Pont de la Pyle near Surchauffant. From its roof terrace or interior you can explore the history of this majestic lake nestling in its leafy backdrop.

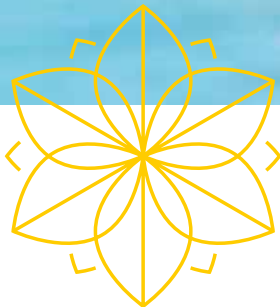
Further north, between Switzerland and France at Villers-le-Lac, head for **Saut du Doubs**. A 14km cruise will help you discover a truly amazing section of the River Doubs that is overlooked by towering canyons. These breathtaking landscapes have the feel of the fjords.



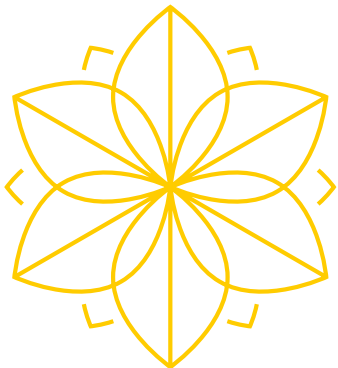


ANOUK FAIVRE-PICON AND JUSTINE BRAISAZ
(FRENCH OLYMPIC TEAM 2018, NORDIC SKIING), AMBASSADORS FOR THERMASALINA

Blessed with everything they need to offer wellbeing enthusiasts and spa novices a really pampering break, Salins-les-Bains, Lons-le-Saunier and Divonne-les-Bains, our three thermal bath centres, await you!



FITNESS AND WELLBEING



A SALTY TREASURE

The town of **Salins-les-Bains** owes its reputation and success to salt, a veritable « White Gold » that was exploited here and traded extensively from the XIII Century onwards. It is impossible to cross this pretty Jura town without being impressed by the immense buildings flanked by towering chimneys that are devoted to a salt industry that operated here until 1962: the Great Salt Works and its salt museum, a property listed as World Heritage by UNESCO since 2009. The naturally salty waters

that surface in Salins-les-Bains rival those of the Dead Sea when it comes to their concentration of oligo-elements and are internationally renowned. Aside from its beneficial properties in the treatment of rheumatic complaints in particular, this "original sea water" offers an incredible feeling of weightlessness. The new ThermaSalina spa complex inaugurated in 2017 makes Salins-les-Bains a wellbeing destination par excellence when it comes to balneotherapy and relaxing cures and treatments, offering a range of personally tailored programmes.

Head to **Lons-le-Saunier**: Built in the XIX Century in a building that boasts picturesque architecture in the very heart of the Parc des Bains, the Thermes Lédonia spa invites you to enjoy a real moment of relaxation and wellbeing, or to take a cure that boasts renowned benefits.

DIVINE WATER; THE SOURCE OF WELLBEING

It is no coincidence that « Divona » means « divine water » in Latin. Rich in fluoride, calcium and magnesium, flowing for long distances before being tapped 124m down, the waters of the thermal town of **Divonne-les-Bains** are ideal for restoring the balance between body and soul. Its historic reputation as a spa resort makes this blues-busting destination a wonderful place to stay just minutes from Geneva. Divonne is also famous for its casino, racecourse and natural lake where you can enjoy a wide range of outdoor activities.



“ In a region where woodland is omnipresent, it was perfectly natural that the inhabitants should make full use of the resources at hand. To shelter from the cold and poor weather, spruce wood tiles were laid overlapping one another on the roof or façade of a farmhouse. ”



INGENIOUS



The Jura Mountains is all about exploring the savoir-faire and the way of life of its inhabitants, mountain folk who welcome you along your journey and recount to you the history of a mountain that is sincere and captivating. Allow yourself to be guided by its landscapes, heritage and traditions.

ARCHITECTURAL TREASURES



THE CHATEAU DE VOLTAIRE IN FERNEY-VOLTAIRE (PAYS DE GEX)

CHATEAU LIFE

It is in the heart of this territory of changing landscapes that beautiful architectural works have been constructed. When you head off into the Jura Mountains you enter a kingdom in which fortified châteaux and fortresses from the Middle Ages to the Second Empire come together in a blend of mysterious tales and legends that have forged the soul of this land.

The **medieval Château des Allymes**, built in the late XIII Century, and the **Château de Joux**, an ancient jewel of military architecture that have

welcomed countless heroes of history, are undoubtedly two of the very finest examples of this. Perched on their rocky outcrops, both buildings offer incredible views.

A fortified edifice carved into the cliffs overlooking the Rhône, **Fort L'écluse**, now a lively cultural centre, offers you an initiation into military engineering. Literature buffs simply must visit Ferney-Voltaire's **Château de Voltaire** that has been recently restored, where the philosopher and humanist welcomed leading figures from across Europe.

A few kilometres from the Hérisson waterfalls, the **Palladian Villa or Château de Syam** springs a surprise on us in a Jura countryside that is unaccustomed to seeing Neo-Classical works amidst its mountains and valleys. Inspired by the Italian villas by architect Andréa Palladio, this astonishingly well-preserved construction will transport you back to the enlightened XIX Century that was so charged with history.



THE FORT DE L'ÉCLUSE IN LEAZ (PAYS DE GEX)



LODS, ONE OF THE MOST BEAUTIFUL VILLAGES IN FRANCE (LOUE LISON)

WELL-PRESERVED HERITAGE IN THE SPOTLIGHT

TOWNS OF CHARACTER "CITES DE CARACTERE"

In the Jura Mountains, towns boast a unique and authentic character that is born from the natural forces of the region. Some of them hide away whilst others stand out, displaying their defined lines and the wild contours of the landscapes that surround them.

Nestling at the centre of three blind valleys and sheltered behind high limestone walls, the village of **Baume-les-Messieurs** is one such unmissable gem. All around it, caves, cascades, rivers and an Imperial abbey bestow upon this site a truly captivating aura. Not far from there, **Château-Chalon** keeps watch over an age-old treasure: the vineyards and the art of wine. Selected as one of the « Most Beautiful Villages in France » and boasting the « Towns of Character » (« Plus Beaux Villages de France » and « Cités de Caractère ») label, the two wine-producing villages are the pride of their inhabitants.

In a different style, **the town of Nantua** sits beside a lake protected by cliffs and boasts remarkable heritage, such as the abbey church of Saint-Michel that echoes Cluniac art and a former prison that currently houses the Museum of the Resistance and of Deportation.

In the Loue Valley, **Lods** (« Most Beautiful Villages of France ») and **Ornans** (« Towns of Character »), home to the Gustave Courbet Museum, constitute the jewels of a valley so often depicted on canvas by the realist painter himself. With houses suspended over the waters of the River Loue, bridges and mansion houses, Ornans is sure to charm you.

THREE UNESCO SITES

A land of fantastical geological features, the Jura Mountains stand out thanks to their extraordinary architectural heritage. From the **Great Salt Works of Salins-les-Bains to the Royal Salt Works of Arc-et-Senans**, the work of Ledoux, and including the **Citadel of Vauban and the fortifications** that enclose Besançon, or even the **prehistoric lakeside pile dwellings sites of Chalain and Clairvaux**, the Jura Mountains boast no fewer than three sites that feature on UNESCO's World Heritage list!

NOWHERE ELSE

From the north to the south of the massif, rural architecture has been influenced by nearby resources, such as wood, stone and brick. These different architectural features have defined the identity of the area. The most original type of traditional building is that of the Haut-Doubs, recognisable from afar by its vast wooden chimney known as a « tuyé » and used for smoking meats. In Gilley, in the Republic of Le Saugeais, you can visit the **Tuyé du Papy Gaby** and sample products of the terroir that have been smoked in this famous Tuyé, such as Brési, Morteau sausage, ham.... Chapelle-des-Bois and its **Maison Michaud Eco-museum** or even **Grand'Combe-Châteleu** have all seen some of

these farms transform into museums. Here you can explore the traditional way of life and homes of the mountain folk.



THE BLIND VALLEY AND VILLAGE OF BAUME-LES-MESSIEURS (VIGNOBLE & REVERMONT)

WORTH A DETOUR

A PICTURESQUE VILLAGE: TREFFORT

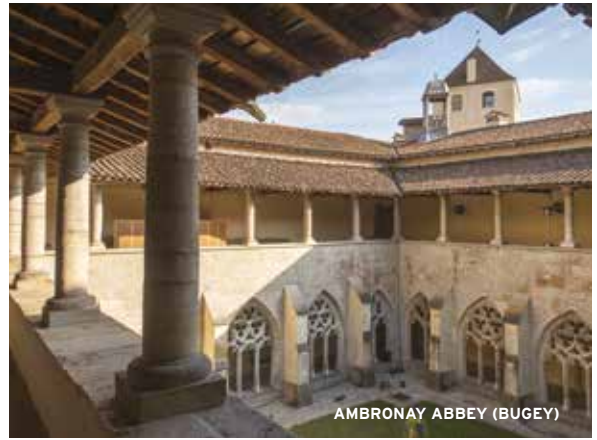
7km from Mont Myon, Treffort is one of the most beautiful villages of the Revermont. Dominated by its church, XIII Century château and the vestiges of its ramparts, this little medieval town stands out thanks to its maze of steep narrow streets flanked by opulent buildings and the homes of wine producers.



THE MAISONS COMTOISES MUSEUM IN NANCRAY (GRAND BESANÇON)



COMTOIS BELL TOWERS



AMBRONAY ABBEY (BUGEY)

Further evidence of these authentic buildings: **the Maisons Comtoises open-air museum in Nancray**. This museum, unique in France, brings together in one 15 hectare park around thirty traditional furnished buildings from the XVII to XIX Centuries, all taken apart in their original location and put back together on site. The museum makes the daily rural life of yesteryear in the Comté come alive again: visit farms and houses, take part in workshops (baking bread, spinning wool...), discover the gardens and vegetable gardens, the flavours of the past, the secrets of the plants. Just as surprising is the bakery known as « **four banal** » in **Le Bugey**, built from local stone and covered in stone slabs or shingle tiles. Nowadays, from April to October, countless villages are using their ancient « four banal » ovens once again to cook bread or sweet and savoury tarts during festive weekends.

Between Saint-Claude and Oyonnax, the little village of **Lavancia** boasts a church clad in precious wood. In total, sixteen types of wood confer upon it a singular and unexpected feel.

Finally, you will realise that a great many abbeys are home to artistic encounters. In **Ambronay**, the Benedictine abbey houses the Centre Culturel de Rencontres and its annual festival of Baroque music. **Saint-Claude Abbey**, for its part, has become a museum and presents a collection of paintings and drawings from the late XIX century to the 1980s (Bonnard, Vuillard, Vallotton, Dufy...).

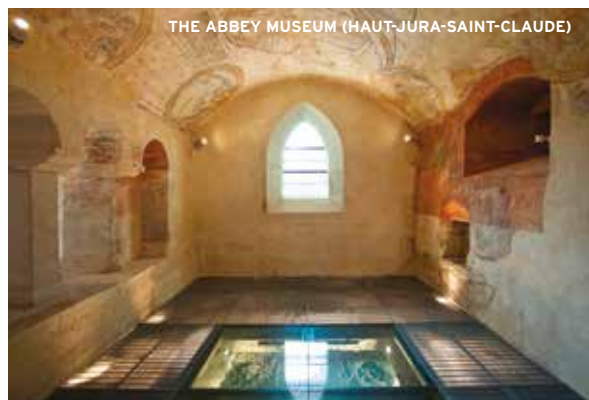
UNEXPECTED TREASURES

SACRED ART

Strongly marked by religion, the Jura Mountains offer lovers of sacred art an incredible range of churches, abbeys, chapels and other reverent sites brimming with remarkable stained-glass and altarpieces. Explore these peaceful and serene places where it is a joy to hide yourself away. Throw open their doors and be entranced by the mystical and spiritual atmosphere they exude.

One thing that is sure to guide your path and leave you in no doubt where you are in the region are the typical **Comtois bell towers**, an integral feature of the regional landscape. As you approach towns and villages, these can easily be spotted thanks to their glazed tiles and their so-called « Imperial » belfries.

Discrete but fabulously well-preserved, the pretty abbeys reveal an architecture of great richness. In **Montbenoît**, the abbey and its cloister form a medieval ensemble of immense significance, serving also as the location for the film *Les Misérables* by Claude Lelouch. **Gigny Abbey** for its part is a rare local example of Romanesque architecture. It was established by Abbot Bernon before he constructed the abbey at Cluny.



THE ABBEY MUSEUM (HAUT-JURA-SAINT-CLAUDE)

DON'T MISS:
FESTIVAL OF BAROQUE MUSIC
IN AMBRONAY

FESTIVAL OF MUSIC IN HAUT-JURA



A TRIBUTE TO OUR FAMOUS FIGURES

The Jura Mountains have seen a number of major figures of great repute come to life, grow and work over the years. Scientists, writers, painters, sports personalities... discover these famous figures that have left their mark on the area at various remembrance sites that open their doors to you.



THE EXPLORER PAUL-EMILE VICTOR

The famous French explorer grew up in Saint-Claude. He led a number of Polar expeditions, and created the Centre des Mondes Polaires in Prémaman in the Haut-Jura where his discoveries are now on display. The Centre, that has now become the Espace des Mondes Polaires, looks to tackle the modern challenges relating to the Polar Regions. Educational workshops, temporary exhibitions, conferences and screenings in the auditorium punctuate the season at this museum.

WORTH VISITING: THE ESPACE DES MONDES POLAIRES

A museum with boutique, restaurant and a skating rink that is open in summer and in winter!

THE SAGE LOUIS PASTEUR

Louis Pasteur revolutionised medicine and was responsible for numerous scientific advances in the XIX Century, most notably in the field of vaccination. Born in Dole in 1822, Louis Pasteur was raised in Arbois, where he returned every year for his holidays. In his two home towns, the houses belonging to the famous genius have become museums that tell the story of a man who benefited mankind.

WORTH VISITING: THE LAND OF LOUIS PASTEUR

Two museums, two towns: Dole and Arbois

THE WRITER LOUIS PERGAUD

It was in the village of Belmont that the writer Louis Pergaud was born. He remained greatly attached to his native countryside which inspired his novels, in particular the village of Landresse that he used for his famous work published in 1912, « La Guerre des Boutons ».

WORTH VISITING: MAISON PERGAUD

In Belmont, a museum is devoted to him where you can see a reconstruction of a classroom when he was a teacher.

THE COMPOSER

CLAUDE JOSEPH ROUGET DE LISLE

Born in 1760 in Lons-le-Saunier, Rouget de Lisle was a military officer and poet who composed several songs, including the French national anthem « La Marseillaise ». The town of Lons-le-Saunier offers multiple tributes to this local boy: a museum located at the house where he was born, a statue designed by Bartholdi (to whom we owe the Lion of Belfort and the Statue of Liberty in New York) that adorns the town's central square and, not far from there, on the hour the bells of the theatre play the opening notes of La Marseillaise.

WORTH VISITING: THE ROUGET DE LISLE MUSEUM

Countless original documents and personal items shed light on the life of the author of our world-famous national anthem.

THE PAINTER GUSTAVE COURBET

Born in Ornans in 1819, Gustave Courbet was fascinated by the gentle and picturesque scenery of his homeland; the Loue Valley. The painter never stopped faithfully reproducing the landscapes and scenes of his youth. At the Courbet Museum in Ornans and along the Pays de Courbet trails, or even at the family farmhouse of Courbet in Flagey, you are invited to follow the footsteps of the Master of Realism.

WORTH VISITING: THE GUSTAVE COURBET MUSEUM

A museum in the image of Courbet that looks out onto the town of Ornans and the River Loue.

THE FIGHTER

PAULETTE MERCIER

A pharmacist from Nantua, in 1940 Paulette Mercier joined the French Resistance and the Maquis fighters of Ain and Haut-Jura alongside her husband, Doctor Emile Mercier. You can find evidence of them at The Departmental Museum of the History of the Resistance and of Deportation, housed in Nantua's former prison.

WORTH VISITING: THE MUSEUM OF THE RESISTANCE AND DEPORTATION

A museum that is rich in testimonials and anecdotes, and everyday objects from the Second World War.

Also worth visiting: The Maison des Enfants d'Izieu, a national remembrance site.



SUCCOMB

TO TRADITIONAL SAVOIR-FAIRE AND ITEMS THAT HAVE ALWAYS BEEN CREATED HERE AND ARE 100% MADE IN THE JURA MOUNTAINS, OR DARE TO TRY THE UNEXPECTED!



In the Jura Mountains, savoir-faire abounds. From absinthe to Comté cheese, Morteau sausage, wood turning and even clock making, across the entire region the crafts are wonderful, the talent is astounding and the products invariably excellent. Take the time to open the doors to numerous workshops that punctuate your route through the massif. Enjoy meeting the artisans and finding out about the ancestral skills that have contributed to the wealth of the local area. Companies, artisans and local producers will be delighted to teach you about the crafts that are so dear to them, savoir-faire passed down through centuries of tradition, evidence of the past and industrialised processes that were born from ancient crafts.

WOODEN TOYS

The Musée du Jouet museum & boutique in Moirans-en-Montagne

Ever since the Middle Ages, the people of the Jura have made toys. At Moirans-en-Montagne, the historic hub of French toy manufacturing, the Musée du Jouet retraces this thrilling odyssey. In the Jura, encounters linked to this savoir-faire come thick and fast: Charliluce, an artisan with fairy fingers, creates pretty dolls and puppets from turned wood, Smoby produces some truly beautiful toys, JeuJura, Janod and Vilac (factory shop) make every generation dream with their wooden toys.

> **The Musée du Jouet in Moirans-en-Montagne**



EYEWEAR

Morez, global eyewear capital

In 1796 it was a nail in Morez which inspired the first pair of spectacles...Without realising it, perhaps you own a pair of glasses that were made here where around sixty business still produce around ten million frames annually. A museum houses a prestigious collection of spectacles and retraces the history of this savoir-faire.

> **The Musée de la Lunette in Morez**



ABSINTHE OR THE GREEN FAIRY

Uncover the secret of absinthe

At the start of the XX Century, Pontarlier boasted 20 distilleries, so the prohibition of absinthe in 1915 turned the local economy on its head. Two distilleries were able to hold out thanks to a successful change of tack. Nowadays, **the Armand Guy, Les fils d'Emile Pernot, Marguet Champreux, Bourgeois and La Fraignaud distilleries** have restored absinthe's honour and open their doors to the public. Between Pontarlier in the Haut-Doubs and Noiraigue, in Switzerland, a tourist trail of 48km, christened the **Absinthe Route**, lets you explore the traditional terroir of a sulphurous beverage that has now been rehabilitated.



COMTE

The first AOP cheese in France

To produce an AOP Comté you need a terroir, Montbéliarde cows, a cheese dairy, a maturing cellar, great master cheesemakers...And the Jura Mountains has all of this in one place! Every cheese is unique and tells its own story; a story that you can learn at the **Maison du Comté in Poligny**, at all the cheese dairies of the massif and along the Comté Routes.



UNMISSABLE

THE VILLAGE OF WOOD AT CLAIRVAUX-LES-LACS

1 street, 12 boutiques, 1 village

In Clairvaux-les-Lacs, travel back to your childhood as you step into the village of wood. 500m² where wood takes pride of place around a village square and along an entire street lined with 12 boutiques for young and old alike: wooden toys, cutlery, souvenirs, decorations and a museum. A living movie set!



SMOKED MEATS

IGP Morteau sausage

It was in the heart of traditional mountain life that the « Belle de Morteau » was born, instantly recognisable by its wooden dowel and its inimitable flavour. In order to understand how it achieves its flavours of spruce and fir, nothing could be better than a visit to the Tuyé du Papy Gaby to explore an ancestral savoir-faire and stock up on some typical smoked meats.

> Visit the Tuyé Papy Gaby and boutique in Gilley



A SPARKLING & ROSE WINE

Le Cerdon

This sparkling wine with a low alcohol content is created using Pulsard and Gamay grapes according to an ancestral method. It is only produced in the environs of Cerdon in the area of the Vins du Bugey (AOC/AOP) appellation. Light, fruity and gentle, it is the perfect accompaniment for even the most delicate desserts.



LE MOREZIEN PENS & KNIVES

Jean-Pierre Lépine, the workshop and boutique of the Pratz factory.

Situated in the Haut-Jura, this family business has been designing and manufacturing writing instruments, knives, automatic watches and spectacles for 5 generations.

WOOD WORKING

Museum & artisanal boutique in Bois d'Amont

Set out to encounter the people of Haut-Jura that have known how to exploit all the qualities of wood and they will reveal a few secrets to you in venues that are loaded with history... The stories behind boxes and caskets of every type will be revealed to you: from the clock box to the cheese box, as well as the pharmacist's box...

> The Musée de la Boissellerie in Bois d'Amont



CLOCK MAKING

Taking the time to enjoy time

Péquignet, Herbelin, Utinam, Vuillemin... The biggest names in clock making were born here in the Jura Mountains. This savoir-faire was acquired by mountain folk whose homes would be cut off by snow and become workshops, contracted by neighbouring clock making companies. To discover their story, visit the Musée de la Montre in Villers-le-Lac or the Musée de l'Horlogerie in Morteau. Don't hesitate to throw open the doors of the many workshops either.

> The Musée de l'Horlogerie in Morteau
The Musée de la Montre in Villers-le-Lac



ARTISANAL SYRUPS & LEMONADES

The secret ingredient? Mountain water!

Water, sugar and nature... That is the recipe for the lemonades created in the Jura Mountains, and it's a recipe that has not changed since 1856 at Elixia in Champagnole, the oldest artisanal lemonade producers in France. In Morteau also, the Rième Company still creates its syrups according to the regulations of 1921.



PIPES FROM SAINT-CLAUDE

Museum & factory shop at Villard-Saint-Sauveur

Chapuis-Comoy & Co, pipe manufacturers since 1825, welcomes you to its Exhibition -Museum- Factory shop space on the doorstep of Saint-Claude. This venue skilfully blends tradition and modernity to recount the history of one of the Jura's iconic industries that has spread around the globe.

Also worth visiting: the pipe and diamond museum in Saint-Claude.



SECRETS OF PRODUCTION

Here are a few tourist sites sites to explore to help you better understand our artisanal and industrial savoir-faire.



BELLS BY OBERTINO



WOODEN CABINETS



THE BONNET SILK COMPANY

DIAMOND CUTTERS

THE STONECUTTING MUSEUM IN LAMOURA

In the heart of the Haut-Jura Regional Nature Park, the Maison du Lapidaire centre presents the art and techniques of cutting fine and precious stones, a savoir-faire with roots anchored in the Jura Mountains. A live demonstration of stonecutting allows visitors to follow the stages of the process. Workbenches and tools are also presented. A short film tells all about the history and the lives of the stonecutters of Haut-Jura.

THE SALT INDUSTRY

THE GREAT SALT WORKS OF SALINS-LES-BAINS & THE ROYAL SALT WORKS IN ARC-ET-SENANS

For centuries, the Salt Works of Salins-les-Bains have exploited and traded in the salt that was extracted from beneath the ground here. This "White Gold" was transported 21 km by canals called saumoducs right up to the Royal Salt Works in Arc-et-Senans, built by Claude Nicolas Ledoux under the reign of Louis XV. Today, the Great Salt Works and the Royal Salt Works provide us with unique evidence of a centuries-old history: that of the exploitation of salt in Franche-Comté.

A TRADITION OF METALWORKING

The tradition of metalworking is the result of ancestral savoir-faire and the natural resources of the soils. At the heart of the Lison Valley, the tool manufacture site of Nans-sous-Sainte-Anne, the great bucket wheel and the turbine allow you to admire the ingenious systems once put in place in order to manufacture cutting tools. At Syam, the forges have retained the same decor and the same implements employed at the start of the XIX Century. In a totally different style, a visit to Morteau and Labergement-Ste-Marie lets you enjoy the Obertino foundry that manufactures something you will encounter everywhere across the massif: the bells worn by our famous Montbéliarde cows!

ARTISAN WOODWORKING

THE ATELIER DES SAVOIR-FAIRE IN RAVILLOLES

The Atelier des Savoir-Faire, housed within a former wood turning factory, presents the rich savoir-faire developed across the Haut-Jura: wood turning, eyewear manufacture, clock making, cabinet making, shingle making, etc. Brought to life by a rich programme of events based around demonstrations, family activities and exhibitions, the venue offers a complete history of the region from the point of view of its artisans.

> ALSO NOT TO BE MISSED:

The wood carving museum in Bois d'Amont

TEXTILES

THE BONNET SILK COMPANY AT JUJURIEUX

At the heart of a former textile manufacturing site, explore the world of the great silk houses of Lyon during the XIX and XX Centuries. In the museum and the old workshops, explore the organisation of industrial, social, moral and religious life of this paternalistic company. The themes tackled are as varied as the textiles once created by this business: industrial revolution, the factory-boarding school, the world of labour in the XIX Century, the process from silkworm to silk, techniques for creating silk goods...

INDUSTRIAL AND CREATIVE HERITAGE

MUSÉUM OF THE COMB AND OF PLASTICS AT OYONNAX

Located in the heart of Plastics Valley in one of the industry's most emblematic sites dating from the start of the XX Century, the Oyonnax Museum, unique in Europe, retraces the long and fascinating industrial history of a town and its valley, from the very first boxwood combs to the plastics of the future. Here you will find, side by side, hair ornaments, pieces of decorative art, children's' toys, design furniture, flamboyant spectacles, household objects and even Haute Couture pieces set out to help the visiting public really appreciate the collections.





WINES & CHEESES, THE EXCELLENCE OF AN AUTHENTIC SAVOIR-FAIRE



Making the most of the Jura Mountains is also about taking the time to discover and sample products from the generous terroirs that boast a character all of their own. Cheeses, wines, spirits, charcuterie...Authentic products labelled AOC, AOP or IGC take you on a flavoursome gastronomic and sensory voyage.

VINEYARDS AND AOC WINES

The Jura Mountains also feature vineyards and AOC (Controlled Appellation of Origin): Arbois, Château-Chalon, l'Etoile, Côtes du Jura, Macvin du Jura, Marc and Crémant du Jura, wines from Le Bugey...let yourself be tempted by the Vin Jaune (literally Yellow Wine) whose pretty Clavelin bottle symbolises « the Angels' part » that evaporates during the maturing stage, or the Straw Wine; two precious nectars obtained thanks to the unique savoir-faire of the Jura's wine producers. They await you every year during the famous **Percée du Vin Jaune** for a major and popular festival. You could also head to the **Museum of the Vine and of Wine** located in the heart of the town of Arbois in the Château Pécauld. From the Jura wine region to the Cerdon, from the cheese dairies of the vineyards to the wine cellars of Château-Chalon, everywhere you will encounter passionate wine producers that are happy to share their savoir-faire.

THE WINE ROUTE

Local vineyards and appellations offer the promise of wonderful human and gourmet encounters. Set off on an escapade along the **Jura or Le Bugey wine routes**, itineraries that focus on charming little villages and exchanges with wine producers who love to share their passion with others!



Alcohol abuse is dangerous to health, consume with moderation.



THE ARBOIS VINEYARDS



GOOD TO KNOW

The **Montbéliarde cow** is intimately linked to our mountain meadows, where they enjoy eating the grass and flowers that give our cheeses such an inimitable and recognizable flavour. Their milk is the only one allowed to be used in the production of the famous Comté cheese.

A **Sanglier** is the name of the wood artisan that creates strips of spruce wood used to wrap Mont d'Or cheese. These stop the cheese from oozing out and also provide a very particular flavour.

The **Maison du Comté in Poligny** will reveal the mysteries of its flavour and the secrets of production. And why not delve into a very particular ambiance by visiting a cellar in **Fort des Rousses** or **Fort St-Antoine** where thousands of wheels patiently mature? It is impossible to leave the region without buying a slice, chosen with great care according to your own tastes, at a Comté cheese dairy, a cheesemongers or one of countless retail outlets.

The massif boasts many other well-renowned Protected Appellation of Origin (AOP) cheeses like **Mont d'Or**, **Morbier** or **Bleu de Gex**. Watch the production process of the favourite cheese of Charles-Quint at the **dairy in Chézery-Forens Abbey**, one of the last 4 cheese dairies to produce Bleu de Gex, a gentle cheese with marbled flesh.

...AND SOME CULT VARIETIES!

Some cheeses are more well-known, boasting more labels, than others. These discreet yet indispensable varieties, which are so characteristic of the terroir, include the legendary **Cancoillotte** that can be enjoyed hot or cold depending on your mood.



COMTE CHEESE MATURING CELLAR

WORLD FAMOUS CHEESES

The Jura Mountains are, above all, a shopping basket filled to the brim with fine cheeses, in which **Comté AOP** (Protected Appellation of Origin) is the jewel in the crown. This firm cheese draws its flavour from the rich pasture enjoyed by the Montbéliarde cows. To fully understand this extraordinary cheese whose colour, texture and flavour are never quite the same, it is essential to delve into the heart of its area of production among the green and flower-filled prairies of the Jura Mountains. It is there, along the **Comté Routes**, that you can meet producers, chat to them and find out more.





COMTÉ; THE PORTRAIT OF A GREAT CHEESE



Comté is characterised by its astonishingly rich flavour. This is not a cheese with a uniform taste. Every individual wheel of Comté reveals a different profile of flavours depending on its micro-region of origin, its season, the style of the master cheesemaker or the cellar in which it was matured. Because of this, Comté is a unique cheese. In order to develop its flavour, Comté takes its time. Its maturation in the cellar lasts for a minimum of 4 months, although this period is often much longer.

The Comté Routes

Meeting people, swapping stories, understanding, being surprised...The Comté Routes are a network centred on the link between Comté cheese and tourism across the Jura Mountains. From farms to maturing cellars and cheese dairies, discover its history and production process as you set off to encounter the passionate people that cultivate this cheesemaking tradition, savoir-faire and flavour on a daily basis.

The Comté Routes also offer a range of typical accommodation and surprising ideas for breaks that make any holiday or excursion in the Pays du Comté a delight!

DID YOU KNOW?

Around 400 litres of milk are required to make a wheel of Comté weighing 40kg, the equivalent of the amount of milk produced every day by 20 Montbéliarde cows.

LET'S EAT

Treat yourself in the Jura Mountains.

A land of gastronomy, flavours and aromas, the Jura Mountains creates its cuisine from its landscapes and terroirs. These products drawn from a well-preserved environment, a creativity that is so characteristic of the region and an ever-present quality all combine to delight your taste buds. Every gourmet and lover of eating out will be seduced by this regional cuisine, whether traditional or creative. Enjoy sitting at the dinner table in the Jura Mountains: from inns to guest houses, from the gastronomic restaurants of our Michelin star chefs to little farmhouses, all are waiting to welcome you. Indicate the number of Michelin star chefs



RECIPE FROM A MICHELIN STAR CHEF

Ivan LAVAUX,

The Auberge de l'Abbaye in Ambronay (Bugey Plaine de l'Ain)

Brandade of cod with Comté

Serves 6 people: 600g cod loin • 180g grated Comté & 6 fine slices of Comté • 50cl. milk • 3 medium-sized potatoes • 4 sprigs of thyme • 4 bay leaves • 8 cloves of garlic • 10cl. extra virgin olive oil • Tabasco (1 drop) • fleur de sel, black pepper • 6 thin slices of streaky bacon • 3 green asparagus.

For the sauce: 50cl. Savagnin (Jura white wine) • 25cl. pouring cream • 3 leeks • 1 large potato • chopped chives and tarragon.

1. Start with the Brandade

In a casserole dish, place half the cod, the milk (enough to cover the cod), 1 sprig of thyme, 1 bay leaf, 1 crushed garlic clove. Poach the cod gently (N.B.: if the white albumen starts to come out of the fish, it's too late; the fish is overcooked). Cook the potatoes whole in salted boiling water with 1 sprig of thyme, 1 bay leaf and 1 crushed garlic clove. Heat the olive oil in a small casserole dish, turn off the heat and infuse the oil for 10 minutes with the remaining garlic cloves, lightly crushed, along with the remainder of the thyme and bay. Strain and set aside. Peel the potatoes and crush with a fork, incorporating the poached cod and the infused olive oil. Add the grated Comté and mix well with a spatula. Add a little bit of the milk used for poaching the cod and mix together. Season with a drop of Tabasco, fleur de sel and pepper.

2. Prepare the sauce. Peel the potato and cut into chunks. Wash and finely chop the leeks. Place everything in a casserole dish, add the wine and pouring cream and cook for 15 minutes. Add the other half of the cod, cut into chunks, and cook for a further 10 minutes. Mix well and pass through a sieve. Put the sauce on a gentle heat and reduce, stirring regularly until you have an unctuous consistency, then add the chives and tarragon at the last moment.

3. Brown the streaky bacon in a frying pan and set aside. Use a mandolin to slice the raw asparagus very finely.

4. To serve. Spoon the Brandade into the centre of a flat and warm plate using a ring and add 2 tablespoons of sauce all around it. Place a slice of bacon, asparagus shavings and a fine slice of Comté on top of the Brandade, and finish with a drizzle of the olive oil.



- URBAN ESCAPADES -

THE BEAUTY OF THE MASSIF; FOLLOW THE GUIDE!

The Jura Mountains are decidedly natural. Even in the heart of their most beautiful towns, fresh air can be enjoyed in abundance, with hidden gardens, little paths that lead off the beaten track and lovely rear courtyards. Awaken your globetrotting instinct and let yourself be guided by your spontaneous desires and inspirations.

Welcome to our towns with a mountain feel!



PONTARLIER, CAPITAL OF THE HAUT-DOUBS

Capital of Absinthe, Pontarlier is a charming mountain town with a strong character all of its own. Don't be fooled by the modern atmosphere in Pontarlier as this is a town boasting a historic patrimony that dates back to the 1st Century! As for lovers of spiritual tourism, they can explore a truly astonishing religious heritage. From the Middle Ages to the XVIII century, three churches, six convents, twelve chapels, a protestant temple and a mosque were built in the heart of the town! The star of the show for children, Pontarlier à Pas Contés offers a fun visit during which our kids will happily hunt out the footprints left behind by Pontil the Lynx on bronze nails that lie

along the ground. **In Pontarlier, learning really is fun!**



ORNANS, VILLE NATALE DE GUSTAVE COURBET

In Ornans, time flows by just like the waters of the Loue, the river that gives this town its Venetian allure: houses and gardens overhanging the water, bridges that stretch from one bank to the next, reflections of the façades of its monuments on the clear waters...Strolling around the

« Comtois Little Venice » it is easy to see just what charmed and inspired Gustave Courbet, a local boy born here nearly 200 years ago. **Ambling through the heart of Ornans also means encountering the artisans and their discreet little shops hidden at the back of secret courtyards, reminders of a past that this town is still so proud of.**

MORTEAU, AU PAYS DES HORLOGERS



Nestling in the pleasant Doubs Valley a short hop from Switzerland, Morteau owes its development to the clock making industry and to its gastronomy, epitomised by the famous Morteau sausage. Flanked by the River Doubs, surrounded by meadows and woodland, with slopes that are often rugged and set up for skiing, this town sits at an altitude of 1,114 metres. Despite a number of great fires, countless heritage sites have been preserved, making any stroll through town a snapshot of history: the town hall with its two imposing towers that are listed as historic monuments, Château Pertusier, the only local example of Renaissance architecture, home to the Clock Making Museum, and even the church of Notre-Dame de l'Assomption with its honey-coloured stone. **Strolling through Morteau's streets you can let the warm family ambiance wash over you and enjoy a truly exceptional natural setting.**



MOREZ, THE MOUNTAIN TOWN WITH 6 VIADUCTS



Saint-Claude has its pipes, Morteau its sausages and Morez its glasses! So it was that, in 1796, spectacles were born from a nail in Morez. This industrial heritage is so significant that the Jura village has devoted an entire museum to it, housing one of the most prestigious collections of eyewear in the world. An unexpected little town, 3km long and tucked into the back of its water gap by the River Bienne, Morez stands out from other towns because of its numerous viaducts that once allowed it to open up to the outside world. It offers some steep walks without even leaving its walls, ranging from altitudes of 650 to 1,302 metres! Electric bikes are an option for those of us who are not so sporty. And if you take the Les Hirondelles touristic railway line connecting Dole to Saint-Claude, you can fully enjoy the landscape and all 6 viaducts.

CHAMPAGNOLE, THE PEARL OF THE JURA

Imagine a discreet town surrounded by a verdant landscape (extremely green, in fact) dotted with meadows and forests. This spot is nicknamed the Pearl of the Jura because of the beauty of its natural setting and its heritage, ideally situated as it is between the Revermont vineyards, the lakes and the very first foothills of the Jura Mountains. The gateway to the Haut-Jura Regional Nature Park, Champagnole sits at the foot of Mont Rivel, intrinsically linked to its ancient history and the departure point for many pretty walks. But the rich architectural heritage of the beautiful town also contributes to its attraction: the church of Saint-Cyr-et-Sainte-Juliette, reputed for its altarpiece and XVIII century organ, a neoclassical water tower from the XIX Century, the archaeological museum... Champagnole is the perfect destination for getting your legs and your mind moving!



SAINT-CLAUDE, LAND OF DISCOVERY

An unmissable stage of the « savoair-faire route », Saint-Claude, labelled « Most Beautiful Detours in France », is not just the global capital of clay pipes: born from the most ancient of artisanal traditions, it was also able to forge a well-earned reputation in wood turning and cutting diamonds and other precious stones. Squeezed into the back most reaches of its valley, the town is overlooked by the peaks of the Haut-Jura and beloved for its natural environment and heritage treasures, such as the imposing diocesan cathedral, the museum at the abbey that is a crossroads for lovers of modern art, or even the Maison du Peuple. Strolling around the often unusual narrow streets of this town in bloom you should not be overwhelmed by the steep limestone cliffs that tower above it from all around...They hide a great many bridges and impressive viewpoints.

“Discover astonishing heritage and stroll through narrow streets as you follow some fascinating itineraries.”



NANTUA, BETWEEN THE LAKES AND THE MOUNTAINS

Overlooked by limestone cliffs that are perfect for spectacular walks and rides, Nantua takes its visitors on a journey through the ages. Set beside a deep lake that draws its waters from the glacier, this pleasant burg is brimming with history, culture, gastronomy and surprises of every sort... You can explore all of this during an improvised stroll through town or along a sign-posted trail: the abbey church of Saint-Michel and its tableau by Delacroix, the museum devoted to the history of the Resistance and of deportation, ancient quarters and medieval shops, the source of the River Doye and the Rue des Tanneries where you can learn the origins of the famous Nantua sauce ... You can also take advantage of its proximity to Oyonnax just a few kilometres from here as you explore a town that is famous for its industrial savoir-faire and culture of innovation.

“ *Make memories and immortalise the historic and architectural landscapes that are the pride of the local area.* ”



FERNEY-VOLTAIRE, THE ENLIGHTENED TOWN

To Visit Ferney-Voltaire is to come face-to-face with an author and philosopher that was so committed to justice and tolerance. At the time Voltaire settled in Ferney in 1760, because of its proximity to Geneva, the village was home to just a hundred or so people. The dramatist then had houses built, inviting artisans, clock makers and weavers to set up home here, rebuilding the château and landscaping the park. For nearly 20 years, Ferney became an obligatory stop-off for Europe's affluent elite, a hotbed for culture and thinking during the Age of Enlightenment. Wander around near the château, amble through the pretty landscaped park, visit the orangery, chapel and caretaker's pavilion, discover the collection of works and objects linked to Voltaire, take a break beneath the arbour where Voltaire loved to stroll... Here and there throughout the village you can still find traces of his presence.



BELLEY, THE HOME OF BRILLAT-SAVARIN



Sheltered within a nook of the Rhône Valley and watched over by the Grand Colombier, the highest peak of the Jura Mountains culminating at 1,534 metres, Belley has left its religious mark on the whole of the Le Bugey Sud area: Saint-Jean Baptiste Cathedral, episcopal palace, the home of Brother Gabriel Taborin, churches, convents, chapels... A circuit of 1h30 allows you to discover the town's 20 historic and iconic monuments. This offers a unique opportunity to delve into the intimate life of the little town, the inner courtyards of the XV Century that stud its Grande Rue, including the one belonging to the gastronome and local son Jean-Anthelme Brillat-Savarin. Lift your gaze and seek out the bronze she-wolf, the emblem of the town. Take in the architecture that reflects the town's truly bourgeois, commercial and religious character. Belley is a town where Lamartine regularly used to stop and to which he dedicated the poem « Adieu au Collège de Belley ».

- URBAN ESCAPADES - ON THE DOORSTEP OF THE JURA MOUNTAINS

Discreete, sometimes even humble, the towns of the Jura Mountains reveal the foundations of an ancient civilisation. Towns of Art and History with remarkable built heritage that break all the rules and turn trends on their head are revealed to be astonishingly modern and different, behind their provincial airs, with authenticity as an added touch. From Montbéliard to Bourg-en-Bresse, taking in Besançon, Dole or Lons-le-Saunier, discover towns that bubble over with life.



MONTBÉLIARD, THE CITY OF PRINCES

Here is a surprising town that is full of contradictions! You may imagine it to be austere and industrial, but you will discover that it is colourful, welcoming, charming and romantic thanks to features inherited from the 400 year reign of the Princes of Wurtemberg. It is also from here that you can embark on a formidable odyssey that is vibrant and fascinating at the Adventure Peugeot Museum!



BESANÇON, A TOWN WORTH EXPERIENCING

Dominated by its imposing, UNESCO listed Citadel and encircled by the meandering River Doubs, Besançon conceals natural, cultural and architectural treasures. In order to fully appreciate it, take your time and amble through its streets!



**DOLE,
THE BIRTHPLACE OF PASTEUR**
This Town of Art and History is home to a maze of narrow streets that give Dole its irresistible charm. You can carry on exploring it along the banks of the Canal des Tanneurs, the birthplace of the great Louis Pasteur.

**LONS-LE-SAUNIER,
THE SPA TOWN**
The spa town of Lons-le-Saunier is surrounded by the vineyards and lakes of the Jura. A picturesque and pleasant town, it was the birthplace of Rouget de l'Isle, author of La Marseillaise, and is home to the world-famous Vache qui Rit museum.



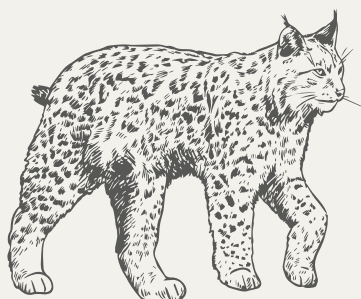
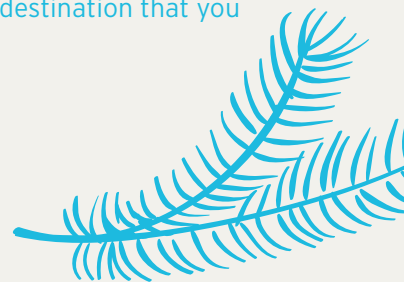
**BOURG-EN-BRESSE,
BEAUTIFUL ENCOUNTERS**

A town of gastronomes, Bourg-en-Bresse is a town where life is a true pleasure. A subtle blend of traditions and modernity helps you share in some really pleasant moments: the royal monastery of Brou, ancient quarters, gourmet eateries, top-level sport and major events.

WHAT KIND OF MOUNTAIN DWELLER ARE YOU?

Do you want to escape the hustle and bustle of busy city life and rediscover wild and well-preserved open spaces that soothe the body and soul? Do you prefer to head off the beaten track in search of adventure? Or are the mountains still a mystery to you, a destination that you have yet to experience?

Uncover the mountain dweller in you.



01 DO YOU PREFER?

- Skiing and walking tours.
- ▲ Visits to museums and fine dining.
- Unusual activities: paddle boarding, dog sledding, luge.

02 ESSENTIAL ACCESSORIES YOU SHOULD NEVER BE WITHOUT:

- Your GPS app, a trusty old-style map or a compass for old time's sake.
- ▲ A pocket knife that you can pull out whenever the aroma of a piece of Comté fills your nostrils.
- Your camera or smartphone so that you can immortalise the most beautiful holiday memories.

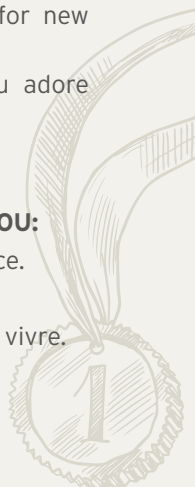


03 PEOPLE OFTEN SAY THIS ABOUT YOU:

- You are fearless, you hate to be boxed in and prefer to brave the elements and tackle sporting challenges.
- ▲ You are eternally curious when it comes to gastronomy and are always on the lookout for new ideas for days out.
- You love discovering new places and you adore simplicity and wide-open spaces.

04 WHAT THE JURA MOUNTAINS MEANS TO YOU:

- Sport, well-preserved nature, Nordic ambiance.
- ▲ Relaxation, heritage, gastronomy.
- Discoveries, activities, good living and art de vivre.



YOU'VE HAD ENOUGH OF:

What you really love are sporting activities that get the heart pumping, but also new horizons, an ambiance that transports you far away and recalls the Far North or Scandinavia. You love holidays that make sense, sharing the values and way of life of the country that welcomes you, in harmony with nature and those who live there. You prefer mountain destinations that typify this « Nordic » art de vivre, synonymous with getting away from it all and with silence. That is why, for your next holiday destination, you should focus on the essentials and visit the Jura Mountains!

05 IF YOU COULD TAKE JUST ONE SNAPSHOT OF THE JURA MOUNTAINS IT WOULD BE:



■ Experience the « Far North » adventure.



▲ A trip to unexpected spots.



● Beside a lake with the whole family.

FIRST TIME IN THE MOUNTAINS

YOU'VE HAD ENOUGH OF: ●

It's the first time you take your family to the mountains. You're looking for a peaceful place, with gentle landscapes that are reassuring so that you can initiate the little ones to the joys of skiing or walking. Your older children expect a few thrills when they hit the slopes, and a wide range of exciting activities. As for you, you expect to make the most of the diverse landscapes as you head off on a walk or to explore the terroir and the local gastronomy. A gentle initiation is what you are really looking for...and you are sure to find precisely that all year round in the Jura Mountains!

TRAVELLER AND EXPLORER

YOU'VE HAD ENOUGH OF: ▲

Organised tours and holiday resorts are not for you! You are a traveller and an explorer, a non-conformist in search of fresh ideas, authentic destinations where emotions are real. You avoid mass tourism spots and seek out well-preserved open spaces where you can recharge the batteries and contemplate your surroundings. You love unexpected encounters, taking your time to explore new places, smell, feel, taste and savour life. For you, the Jura Mountains are where holidays will really start to make sense!

USEFUL INFORMATION



THE TOURIST OFFICES OF THE JURA MOUNTAINS:

AIN:

- OFFICE DE TOURISME PAYS DE GEX ET
SA STATION MONTS JURA:
+33 (0)4 50 28 09 16
www.paysdegex-tourisme.com

- BUGEY SUD GRAND COLOMBIER TOURISME:
+33 (0)4 79 81 29 06
www.bugeysud-tourisme.fr

- HAUT-RHONE TOURISME:
+33 (0)4 50 59 26 56
www.hautrhone-tourisme.fr

- BUREAU D'INFORMATION TOURISTIQUE
DE LA VALLÉE DE L'ALBARIN :
+33 (0)4 74 36 32 86
www.tourisme-albarine.com

- BOURG-EN-BRESSE DESTINATIONS:
+33 (0)4 74 22 49 40
www.bresse-revermont.fr

- OFFICE DE TOURISME RIVES DE L'AIN -
PAYS DU CERDON:
+33 (0)4 74 37 23 14
www.tourisme-ain-cerdon.fr

- HAUT-BUGEY TOURISME:
+33 (0)4 74 12 11 57
www.hautbugey-tourisme.com

- BUREAU D'INFORMATION TOURISTIQUE
DU PLATEAU D'HAUTEVILLE:
+33 (0)4 74 35 39 73
www.hautbugey-tourisme.com

- OFFICE DE TOURISME DE DIVONNE-LES-BAINS:
+33 (0)4 50 20 01 22
www.divonnelesbains.com

- OFFICE DE TOURISME TERRE VALSERINE:
+33 (0)4 50 48 48 68
www.terrevalserine.fr

DOUBS :

- OFFICE DE TOURISME DESTINATION
HAUT-DOUBS:
www.destination-haut-doubs.com

• Pontarlier : +33 (0)3 81 46 48 33
www.pontarlier.org

• Métabief: +33 (0)3 81 49 13 81
www.tourisme-metabief.com

• Malbuisson les Lacs: +33 (0)3 81 69 31 21
www.malbuisson-les-lacs.com

• Les Fourgs: +33 (0)3 81 69 44 91
www.les-fourgs.com

• Mouthe - Chapelle-des-bois:
+33 (0)3 81 69 22 78 • www.otmouthe.fr

• Montbenoit: +33 (0)3 81 38 10 32
www.tourisme-loue-saugeais.com

- OFFICES DE TOURISME DU PAYS HORLOGER:
www.pays-horloger.com

Bureaux d'Information Touristique:
Saint-Hippolyte: +33 (0)3 81 96 58 00
Maiche: +33 (0)3 81 64 11 88
Morteau: +33 (0)3 81 67 18 53
Villers-le-Lac: +33 (0)3 81 68 00 98

- OFFICE DE TOURISME DE BAUME-LES-DAMES
ET DU DOUBS BAUMOIS:
+33 (0)3 81 84 27 98
www.ot-paysbaumois.fr

- OFFICE DE TOURISME DESTINATION LOUE LISON:
+33 (0)3 81 62 21 50
www.destinationlouelison.com

JURA:

- OFFICE DE TOURISME DU PAYS LEDONIEN:
+33 (0)3 84 24 65 01
www.tourisme-coteaux-jura.com

- OFFICE DE TOURISME DES ROUSSES:
+33 (0)3 84 60 02 55
www.lesrousseau.com

Bureaux d'Information Touristique:
Prémanon : +33 (0)3 39 50 80 20
Lamoura : +33 (0)3 84 41 27 01
Bois d'Amont : +33 (0)3 84 60 91 57

- COEUR DU JURA TOURISME:
www.coeurdujura-tourisme.com
Arbois : +33 (0)3 84 66 55 50
Poligny : +33 (0)3 84 37 24 21
Salins-les-Bains : +33 (0)3 84 73 01 34

- OFFICE DE TOURISME HAUT-JURA GRANDVAUX:
+33 (0)3 84 60 15 25
www.haut-jura-grandvaux.com

- OFFICE DE TOURISME HAUT-JURA ST-CLAUDE:
+33 (0)3 84 45 34 24
www.saint-claude-haut-jura.com

Bureaux d'Information Touristique:
Lajoux: +33 (0)3 84 41 28 52
La Pesse: +33 (0)3 84 42 72 85
Les Moussières: +33 (0)3 84 41 67 62
Les Bouchoux: +33 (0)3 84 42 72 95

- MAISON DU TOURISME CHAMPAGNOLE
NOZEROT JURA:
+33 (0)3 84 52 43 67
www.juramontsrivieres.fr

Bureaux d'Information Touristique:
Champagnole: +33 (0)3 84 52 43 67
Foncine-le-Haut: +33 (0)3 84 51 93 11
Nozeroy: +33 (0)3 84 51 19 15

- OFFICE DE TOURISME PAYS LACS ET
PETITE MONTAGNE:
+33 (0)3 84 25 27 47
www.juralacs.com

Bureaux d'Information Touristique:
Clairvaux-les-Lacs : +33 (0)3 84 25 27 47
Orgelet : +33 (0)9 70 71 77 05
Arinthod : +33 (0)3 84 35 36 70
Ménétrux-en-Joux (Maison des Cascades):
+33 (0)3 84 25 77 36

- OFFICE DE TOURISME JURA SUD MOIRANS:
+33 (0)3 84 42 31 57
www.jurasud.net

NORDIC RESORTS IN THE JURA MOUNTAINS:

- STATION DE MÉTABIEF:
+33 (0)3 81 49 20 00
www.station-metabief.com

- STATION DES ROUSSES:
+33(0)3 84 60 02 55
www.lesrousseau.com

- STATION MONTS JURA:
+33 (0)4 50 42 45 77
www.monts-jura.com

- ESPACE NORDIQUE JURASSIEN:
+33 (0)3 84 52 58 10
www.espacenordiquejurassien.com



DEPARTMENTAL TOURISM COUNCILS:

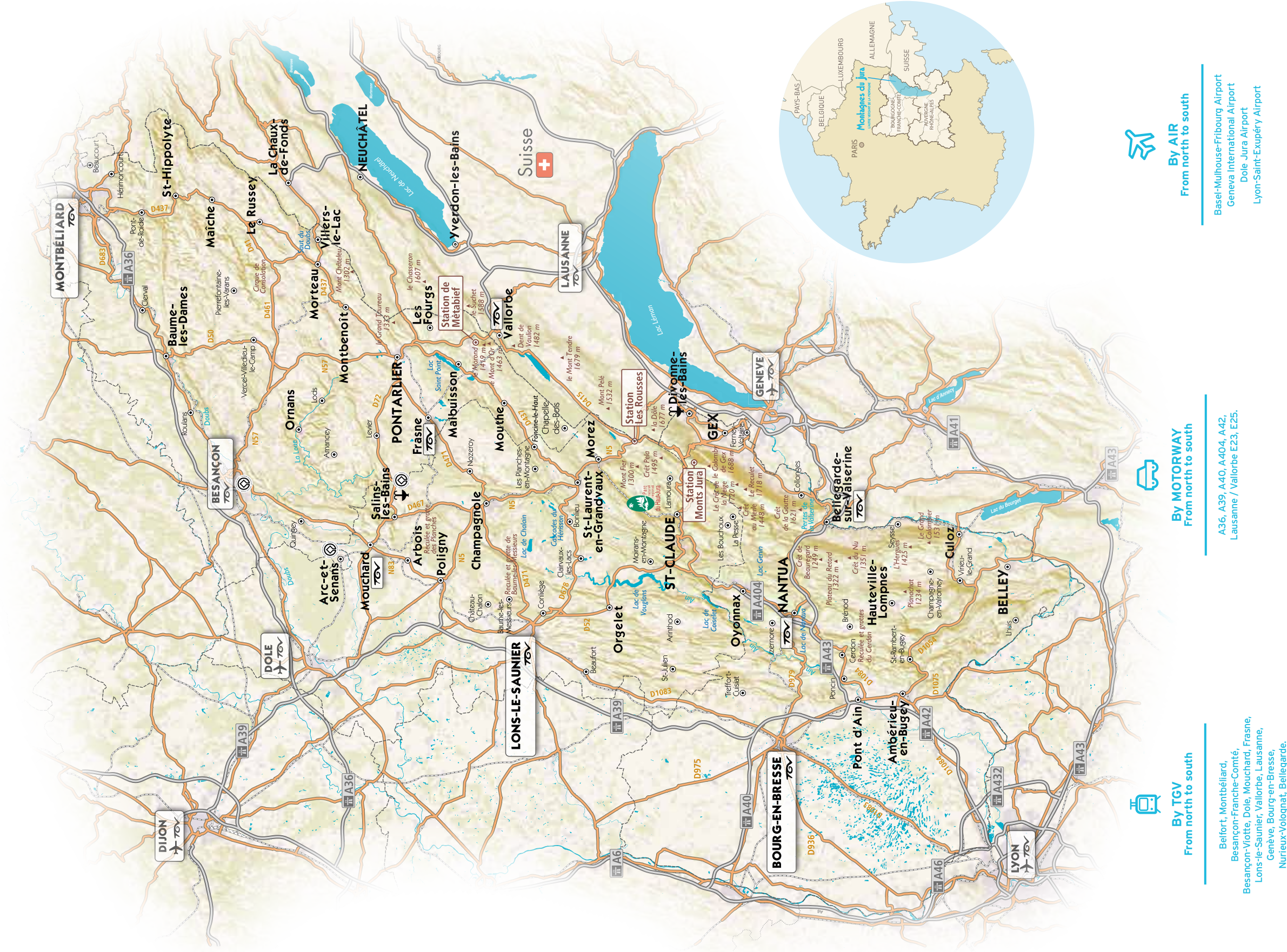
AIN TOURISME
www.ain-tourisme.com

DOUBS TOURISME
www.doubs.travel

JURA TOURISME
www.jura-tourism.com

Montagnes du Jura

Right along the Franco-Swiss border, the Jura Mountains curve for 350 km in length and their massif stretches from the Ain to the threshold of Lyon and right up to Montbéliard, passing through the Jura and the Doubs. Its privileged location, in the vicinity of Switzerland, Paris and Lyon, make it a well-loved destination that is easily accessible. **Just 3h from Paris by TGV and on the doorstep of Lyon,** the mountain has never been closer to you!



By TGV
From north to south

- Belfort, Montbéliard,
- Besançon-Franche-Comté,
- Besançon-Viotte, Dole, Mouchard, Frasne,
- Lons-le-Saunier, Vallorbe, Lausanne,
- Genève, Bourg-en-Bresse,
- Nurieux-Volognat, Bellegarde.

By MOTORWAY
From north to south

- A36, A39, A40, A40A, A42,
- Lausanne / Vallorbe E23, E25.

By AIR
From north to south

- Basel-Mulhouse-Fribourg Airport
- Geneva International Airport
- Dole Jura Airport
- Lyon-Saint-Exupéry Airport

A tourist destination managed by a collective body that includes: Bourgogne-Franche-Comté Tourism, Auvergne-Rhône-Alpes Tourism, The Tourism Development Agency of the Ain Department, the Doubs Departmental Tourism Board, the Jura Departmental Tourism Board and the Commission for the Management of the Jura Massif, with the support of the French Government and European Union funding.

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MONT D'OR, TO BE ENJOYED HOT OR COLD
 Produced in the Haut-Doubs, this is a veritable concentration of the flavours of the terroir. It owes its unique flavour to the richness of the local flora and to the strip of spruce wood that wraps this cheese, giving it a light and woody note.

THE BOÎTE CHAUDE
Ingredients: 1 Mont d'Or of 500g, 3 Morteau sausages, 4 slices of Haut-Doubs cured ham, 12 potatoes, 5cl of Savagnin du Jura white wine.

RECIPE: TREASURES OF THE TERROIR



From Jura wines, best sampled at the homes of wine producers who are always happy to open up their cellars, to traditional cheeses accompanied by cured meats, Bressi, Morteau and Montbéliard sausages, smoked hams with flavours of pine and spruce... The Jura Mountains serve up countless authentic and flavoursome specialties. Enjoy the typical dishes of the mountain folk, uncover the mysteries of how Comte cheese is made and discover which wine goes best with your meal.

SAMPLE OUR CULINARY SPECIALITIES

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A FEW UNMISSABLE DISHES:
 Mont d'Or cheese with Morteau sausage and potatoes / Quenelles in Nantua sauce / Chicken in Yellow Wine with Morels / Morbiflette...



Prepare the ingredients: Wash the potatoes well and cook them, skin on, in water. Heat them for a few minutes in an oven at 220°C to crisp up their skins. Cook the 3 sausages in cold water for 25 min from the moment the water starts to boil.


Cook the Mont d'Or: Open the wooden box and wrap in aluminium foil. Cut a well in the middle of the Mont d'Or with a spoon and pour in 5cl of white wine. Place the box in a preheated oven at 220°C. Cook for around 25 min (or slightly longer if you want a very golden skin).

Serve hot: Serve the Mont d'Or hot, accompanied by the charcuterie and potatoes.



- WINTER
- SPRING
- SUMMER
- AUTUMN

HOW ABOUT YOU; WHAT SIDE OF THE MOUNTAIN DO YOU PREFER?



Throughout the year, come and discover all the treasures of a mountain Territory and the thrill of getting away from everything in the wide-open spaces that await you.

HOW ABOUT YOU; WHAT SIDE OF THE MOUNTAIN DO YOU PREFER?

